# MAY 2025

**PLANNING MEETING** 1:00 PM first Thursday of month Clubhouse II, Rossmoor Room

**BOARD OF DIRECTORS MEETING** 9:30 AM second Tuesday of month LW Administration Building & Zoom

#### **BOARD OF DIRECTORS**

President Pa	aula Seebode
PaulaS330@aol.com	301-944-4759
Vice President	<b>Dick Lawlor</b>
LawlorLaw@aol.com	301-919-0218
Secretary Chris@CEverettOnline.com	<b>Chris Everett</b> 410-428-7549
Treasurer	Kevin Bishop
<u>kmbishop@mac.com</u>	703-789-4568
Directors:	<b>Doug Allston</b>
<u>dkallston@gmail.com</u>	301-598-2557
<u>malaundy@gmail.com</u>	larcia Laundy 301-598-3027
A	rthur Popper
anpopper@gmail.com	240-401-0253

#### CONTACTS

Communication Distribution	
Jean Jones	301-467-3387
Friends of the Park	
Paula Seebode	301-944-4759
Helping Hands Peter Loan	240-676-6074
& Lenny Sammarco	240-535-8627
Landscaping	
Marcia Laundy	301-598-3027
Maintenance	
Doug Allston	301-598-2557
Newsletter Chris Everett	410-428-7549
Social Diane Rosenfield	301-996-2549
& Susan Willcoxon	240-401-0758
Sunshine Angel	
Joan Schaible	240 704 5002

Jean Schaible 240-701-5083

SUPPOR	
Property Manager	Perla Alverez
PAlvarez@lwmc.com	
Mutual Assistant	<b>Michael Glick</b>
<u>MGlick@lwmc.com</u>	301-598-1055
LWAdmin	301-598-1000
PPD	301-598-1500
Main Gate (Security)	301-598-1044
Comcast	1-855-638-2855
<u>willis_gray</u>	<u>@comcast.com</u>

Mutual 16 — Leisure World, Silver Spring, MD 20906 ■ <u>www.lwm16.com</u>

### FROM THE DESK OF THE PRESIDENT

Excerpt from the President's Report at the M16 Annual Meeting 5/15/25: I have Good News and Bad News.

The Good News: The Mutual 16 culture is we take care of our neighbors and our neighborhood. There are so many ways we do that. There are the Friends of the Park who keep our Park looking great. There is our food collection effort from the organizer to the person who puts one can of beans in the box ending in a trunk full of food for our food-insecure neighbors in Greater Leisure World. There's the group that makes sure our social events are successful, our welcoming lady who makes sure new arrivals know we're glad to meet them, and our Sunshine Angel who brings a card and a caring ear to residents going through difficulties.

Then there are the individual good neighbors who, without fanfare, bring soup to their neighbors or pull their neighbor's weeds or walk their neighbor's dog or take in their neighbor's trash can. And finally, there's our highly-qualified and dedicated board of directors who see the big picture and work hard for the whole mutual. People make M16 the best.

The Bad News: Our roofs were replaced for the first time in 2011-12, after more than 30 years in use. Since 2012, we the unit owners have been saving to replace the roofs again in 2030-31. The amount we save each month is prescribed by our reserve study. We have been contributing the specified, legally-required amount to the roof reserve since 2018. As of now, despite us being good little savers, we will not have enough money in the roof reserve when it comes time to replace the roofs.

There were many variables that affected the predictions of how much we would need in 2030-31. Prices for building materials have increased more than expected. Inflation has been more than predicted. And you're all aware that there is certain amount of chaos in world right now.

Your board has been proactive, gathering information and worrying about replacing roofs for over a year. Be assured, your dedicated board is exploring all possibilities with the unit owners top of mind.

Since there are several things we can do to fund the reserves going forward, we have requested a reserve study update. We met with Reserve Advisors, the company that does reserve studies, and they have agreed to revise our study to give us a new funding plan. The bottom line is that, no matter what we figure out, solving this problem will have a significant impact on unit owners now and in the future.

There is another bottom line though. Please remember that the **good news** is about the human connection, about taking care of our neighbors and our neighborhood, about being good people.

The **bad news** is only about money.

IN THIS ISSUE...

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Reminders
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# NEW TREES IN MUTUAL 16 – A LEGACY

We had 42 trees planted in the community this past winter by the free county program, Trees Montgomery. We are supposed to get four more next winter.

All of these trees are indigenous to the area, and most are large trees that are slow growers. We'll all be long gone by the time these trees grow large enough to matter. They're various species of shade trees.

These trees will be part of our legacy to future generations of Mutual 16 residents. Most of the trees we currently have were planted when the community was first built, and unfortunately many of them will be gone in the next 20 years.

If you have one of the new trees in your area, it would be nice if you adopt it. If we have a long period of no rain this summer please feel free to give it a drink of water. That is best done by leaving your hose at the base of the tree and letting it drip for a couple of hours.

Four of the newly-planted trees died over the winter. I am trying to get free replacements for them. **DOUG ALLSTON** 

#### FAN MAIL

This week Val and I needed a landscape contractor, and, having had good luck with the *Mutual 16 Matters* newsletter list in the past, we decided to use it again. Our choice from the list was Carlos Mendoza.

He responded quickly, and although his initial quote was high, we agreed on a price and they had the work done well – and within 48 hours. Val and I really appreciate that Mutual 16 is a community where people have built relationships and share recommendations with their neighbors.

We are happy to have become a part of these connections.

So, this is just an extra thank you to you for keeping the information compiled and ready to go with every newsletter!



# HAPPYBRTHDAY!

<b>Colleen McCarty</b> 15540 Prince Frederick Way	June 11
<b>Julie Repeta</b> 3319 Solomons Court	June 12
<b>Diane Rosenfield</b> 15525 Prince Frederick Way	June 15
<b>Marcia Laundy</b> 15526 Prince Frederick Way	June 17
<b>Shirley Gilmore</b> 3405 St. Leonards Court	June 25
<b>Joe Joyner</b> 3411 St. Leonards Court	June 27

#### **MAY SCRAMBLE**

Rearrange letters on each line to form a word, then use the circled letters on each line to form the BONUS WORD.



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## **GET TO KNOW YOUR NEIGHBORS** LY AND BOB BURCH

3408 ISLAND CREEK COURT

Ly was born in Vietnam but came to the United States with her family when she was one year old. She didn't return to Vietnam until she and Bob went on a 40th wedding anniversary cruise around Southeast Asia in the fall of last year. She was able to visit a cousin who still lives in Ho Chi Minh City. Although she grew up here in the DMV, her family has preserved their Vietnamese roots. Every year her grandparents, then parents would have a big family get together to celebrate the Vietnamese New Year (Tet). They would hand out red envelopes containing new bills to the kids, grandkids, and great grandkids. They followed this Vietnamese tradition to bring luck, wealth, and fortune in the new year. Even though the older generations have passed, she and her siblings continue doing it, sometimes with over 40 family members at the celebrations!

Bob grew up in Wheaton and went to grade school at St. Catherine Laboure. While in elementary school, he also delivered the Washington Post in the mornings. He graduated from Good Counsel High School.

Ly and Bob met as graduate assistants in the Criminology Department at the University of Maryland. His career goal was to be a police officer. She wanted to be a lawyer. They were colleagues for a year, then started dating and were married in 1984.

Translated from the Scots dialect, poet Robert Burns wrote: "The best-laid plans of mice and men often go awry." What Ly and Bob thought would be their careers did not come to be. His eyesight prevented him from joining the police force so he went to work in DoD security at the Johns Hopkins University Applied Physics Laboratory, a University Affiliated Research Center located in Howard County. He started as an Industrial Security Specialist and eventually became the Laboratory's Security Supervisor and Facility Security Officer responsible for all classified systems, networks, facilities, documents and cleared personnel. He retired in December 2018. Ly did not want to delay starting her career with more years of schooling. Instead of going to law school, she took a one-year course in computer science and began a profession in programming and software development. She worked for MCI, the Discovery Channel, and Geico from where she retired in 2017.

Meanwhile they had two boys and spent most of their non-working hours going to baseball, lacrosse, football and basketball games to support their sons' teams. Bob coached both sons' basketball teams at St. Bernadette's in Silver Spring. Ly was active in organizing team fundraising events.



Both are very lowkey about their careers and family. They just take care of business. They were active parishioners at both St. Bernadette's and Resurrection Church in Burtonsville. In addition to coaching for Catholic Youth Organization teams for many years, they were part of the sandwich generation before it was a thing. They took care of their growing children and their ailing parents at the same time.

After retiring, they wanted to downsize and actively looked at adult 55 communities in the local area. In mid-April, Ly and Bob moved into the unit two houses away from where Bob's mother, Ginger Burch, lived for nine years. Maybe some of you knew her? As such, they are no strangers to Leisure World. They already love the Stein Room and the many amenities Leisure World offers.

In retirement, they still spend a lot of time commuting. They often go to New Jersey and Poolesville to babysit their 5 grandchildren. Bob is a vinyl enthusiast. Bob Dylan is his favorite artist. Ly likes reading and working out. Their new hobby is cruising. In addition to the aforementioned Southeast Asia cruise in 2024, they have an upcoming cruise planned for July around the British Isles. They also have a European River cruise scheduled for the summer of 2027. Every morning, they walk the 3<sup>1</sup>/<sub>4</sub>-mile Leisure World Blvd. circle, literally "walking the walk" setting a good example for us all.

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### LEISURE WORLD CLUB HELPING NEIGHBORS IN NEED (CHNN)

CHNN has found that in the 20906 zip code, 8.3% of Seniors live below the poverty line. Montgomery County reports that 11.7% of Seniors consider themselves food insecure. Exact figures for Leisure World residents aren't available, but food support requests at our Social Work Department are increasing.

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CHNN has 2 programs for helping to address this need. First, it delivers groceries to those referred by Leisure World Social Workers and also by neighbor-to-neighbor referrals.

Second, in its "Food in the Pantry Program" the club gives away pantry items to LW residents under the portico at the Interfaith Chapel on the second Tuesday of each month between 9 AM and 3 PM. On average, 20-30 Leisure World residents are served each month in these programs.

Your help is needed. Support is welcome in the form of cash or checks (made out to "LW Interfaith Chapel" [a 501c3 organization] with CHNN FOOD

written in the memo). That address is 3680 S. Leisure World Blvd, Silver Spring, MD 20906.

Also, CHNN collects canned and boxed/bagged food items which it distributes.

**CANNED FOODS:** •TUNA FISH, SALMON, SARDINES, CHICKEN •HEARTY SOUPS (VEGETABLE ONLY AND/OR MEAT SOUPS) •FRUIT (PEACHES, PEARS, FRUIT COCKTAIL) •BEANS •GREEN VEGETABLES •TOMATOES •PEANUT BUTTER (JAR)

**BOXED/BAGGED FOODS:** •HOT OR COLD CEREAL •PASTA •RICE •CRACKERS •EASY TO MAKE BOXED DINNERS (MAC N CHEESE, RICE A RONI, etc.)

The first three days of each month, a food collection bin will be in front of the Akhter residence at 15505 Prince Frederick Way. Please don't buy big cans as they make the grocery bags too heavy for residents to carry. Don't donate anything in glass because of breakage. Also, please check expiration dates.

Thank you!

JEANETTE AKHTER

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#### RESOURCES

#### CONTRACTORS

#### •Electrician

Ethan Greene	240-388-1616
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#### Garage Doors

BBB Garage Doors LLC	301-309-9100
Billy's Garage Doors	301-367-9160
Fred C. Johnson Co. Inc.	410-792-2126

#### General Contractor

JLS Contracting, LLC	240-793-2009
JLSContracting@gm	<u>ail.com</u>
Mike Morrow	301-613-8781
Morrow1200@me	
Palacios Contractor, LLC	240-671-7258
Palacioscontractorllc@gmail.com	
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#### •HVAC, Plumbing

Jiffy Plumbing, Heating & AC Pete Kristiansen petethehvacquy@gmail.com 240-882-8696 **Robertson Plumbing Services** robertsonps@yahoo.com 301-602-4007

#### HANDYMEN/APPLIANCE REPAIR

Scott Davis	240-463-6134
<u>t00lman7@yahoo</u>	<u>o.com</u>
John Kent	301-385-8866
<u>a1handymanjack@g</u>	<u>mail.com</u>
Senior Appliance Repair	571-445-2623

#### **GARDENING SERVICES**

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Gloria Sherman (LW Res)	301-980-2867
Jane Zimmerman (LW Res)	301-219-8745
Austin Angles	301-598-5161
Bill Bowers	301-831-7893
Cooper	301-473-2191
Cloverly Landscape	240-714-9531
REC Lawn Russ Cooper	301-614-2938
Mark Emmel	301-249-3655
Jovy's	301-537-9156
Jose Mayorga	301-346-5880
Carlos Mendoza	301-624-9769
Sam & Mari Gardens	301-590-5977

#### **POWER OUTAGE**

If you have a power outage, do NOT call Pepco! Call the Main Gate, at 301-598-1044. The Main Gate reports outages to Pepco. We don't have individual accounts with Pepco so Pepco has no record of your residence if you were to call them.

# REMINDERS

#### LITTLE LIBRARY AT THE ROCK

Until further notice, the Mutual 16 Little Library at the Rock is closed for repairs. Hopefully, it will reopen soon. If you have questions, call Paula Seebode, 301-944-4759.

#### **SUNSHINE ANGEL**

Our "Sunshine Angel" sends cards to our hospitalized residents as well as condolence cards for our deceased residents. If you know of anyone who needs a card, contact Jean Schaible at 240-701-5083 or mjschaible42@gmail.com.

#### SHOULD THE MUTUAL PAY FOR IT?

If you need work done in your home Note: garbage and recycling and feel the Mutual should pay, you MUST FIRST call Paula Seebode at 301-944-4759 BEFORE calling Physical Properties (PPD) or any contractor. If you call PPD or a contractor directly, you will be responsible for any charges incurred unless it is an emergency situation. For Emergencies after hours, call the Main Gate at 301-598-1044.

#### **FRIENDS OF THE PARK**

Mutual 16 is home to a Leisure World Paper/cardboard should be placed landmark: the Park at the Rock. Join in to help out - call Paula Seebode at boxes may be set out separately. 301-944-4759 for more information.

#### "FILE OF LIFE"

Do you have a red vinyl "File of Life" magnetically attached to your fridge door? If not, get one from Montgomery County Fire & Rescue. Keep it updated with info concerning your medications, doctors, and contacts to be notified in case of serious illness. This data is important to an emergency crew when they are called in due to a sudden illness. First responders will check your refrigerator door for the "File of Life."

#### **ROBO-CALLS:**

The M16 President directs the Robo-Call system to alert residents about immediate situations in the mutual. It may be a notice about a repair that affects water service, an event reminder, a last-minute change to a meeting time, or even a "Silver Alert" for a missing vulnerable neighbor.

#### **HELPING HANDS VOLUNTEER**

Need help with a minor household task? Call Lenny Sammarco 240-535-8627, or Peter Loan 240-676-6074.

#### **TRASH SCHEDULE**

Here's the schedule for garbage and recycling pickups, with specific requirements for each. containers may be put out the night before their pickup days.

• GARBAGE:

Pickups are Tuesday and Friday. Be sure garbage can is tightly covered. • GLASS/METAL/PLASTIC RECYCLING: Pickup days are Tuesday and Friday. Recycling should be in the appropriate blue container. If you need a blue container, you can get one from PPD.

• PAPER/CARDBOARD RECYCLING: Pickup day is on Wednesday only. in a blue recycling container. Large Secure properly so paper doesn't fly around when it's windy.

• YARD DEBRIS:

BY REQUEST ONLY on Monday and Thursday. Contact the Grounds Department email grounds@lwmc.com or call 301-598-1314 to notify them you have yard debris for pickup.

#### **COMCAST (XFINITY) SERVICE**

For routine service (if you need a technician, etc.) call LW Comcast Bulk 1-855-638-2855. For urgent issues (no TV or Internet), call Comcast Rep Willis Gray directly at 443-370-5018.

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