

MUTUAL 16 MATTERS

NOVEMBER 2023

PLANNING MEETING

1:00 PM first Thursday of month
Clubhouse II, Rossmoor Room

BOARD OF DIRECTORS MEETING

9:30 AM second Tuesday of month
Clubhouse II, Rossmoor Room & Zoom

BOARD OF DIRECTORS

President: Paula Seebode

301-944-4759

PaulaS330@aol.com

Vice President: Betsy Davis

240-383-7155

BetsyTDavis1@gmail.com

Secretary: Chris Everett

410-428-7549

Chris@CEverettOnline.com

Treasurer: Edwin Bradley

202-641-7455

edsubrad@aol.com

Doug Allston

301-598-2557

dkallston@gmail.com

Marcia Laundry

301-598-3027

malaundy@gmail.com

John Looney

240-669-3530

JackL02@icloud.com

Mutual 16 | Leisure World, Silver Spring, MD | www.lwm16.com

FROM THE DESK OF THE PRESIDENT

We all should be thankful for the usual things: family, friends, health.

We should be thankful that we live in a place that doesn't have extremes of weather; that we live in a place that's safe; where the electricity stays on most of the time and there is more than enough food.

But thinking on a smaller scale and closer to home, we, in Mutual 16, have more specific things I hope we are thankful for.

We should be grateful that we have a board of directors that works hard and pays attention.

We should be thankful that we have willing volunteers who do a multitude of jobs for us.

We should be grateful that we have good neighbors who care about each other and help each other, and want our little neighborhood to look good and be a great place to live.

Let's all take a little time this Thanksgiving to appreciate the good and think about how lucky we are and then let's all have a wonderful holiday!

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SUPPORT

Sr. Property Manager: Robert Brunelle
240-560-5565

RBrunelle@lwmc.com

Admin. Assistant: Stacey Carranza
301-598-1338

SCarranza@lwmc.com

PPD (Physical Properties): 301-598-1500
Main Gate (Security): 301-598-1044
Leisure World Admin: 301-598-1000

CONTACTS**COMMUNICATION DISTRIBUTION**

Jean Jones
301-467-3387

LANDSCAPING

Betsy Davis 240-383-7155 &
Marcia Laundry 301-598-3027

MAINTENANCE

John Looney
240-669-3530

NEWSLETTER

Chris Everett
410-428-7549

SOCIAL

Kay Looney 240-669-3530 &
Diane Rosenfield 301-996-2549

HELPING HANDS

Peter Loan 240-676-6074 &
Lenny Sammarco 240-535-8627

FRIENDS OF THE PARK

Paula Seebode
301-944-4759

SUNSHINE LADY

Melinda Proctor
301-847-9644
mefoxp@gmail.com

REMINDER: MUTUAL 16 SMART COOKIES

Don't forget! We're soon making cookies for Mutual 16's first responders.

Essential tasks:

- bake cookies (5 dozen per baker),
- bring to **Paula Seebode** on (or before) Wednesday, December 13th,
- assemble on December 13th,
- deliver on Thursday, December 14th.

We need volunteers for each task. RSVP to Paula 301-944-4759.

REMINDER: M16 HOLIDAY POTLUCK

Save the date:

- Saturday, December 9, 2023
- 5:30 PM
- Clubhouse II Activities Room

Please bring a main dish, salad, side dish, or a dessert (homemade or store bought).

Mutual 16 will provide paper products, wine, beer, soda, and water.

Please RSVP by Saturday, December 2 to **Diane Rosenfield** 15525 Prince Frederick Way, or email JD14900@gmail.com or call 301-966-2549.

There will also be a 50/50 drawing, so bring cash to purchase tickets (\$1 per ticket or \$5 for 6 tickets).

We hope to see you there!

REMINDER: TURNING ON THE HEAT

Now that the weather is getting cold, it is time to turn off the A/C (air conditioner) and prepare to turn on the heat. Every year, at least one resident will turn the heat on while still having the A/C on. Before turning on the heat, first clean and seal the air return filter for the A/C. The filter is found behind a metal grate (about 2 x 2.5 feet) in the wall. It is the only metal grate in the wall of each house. After cleaning it, wrap it in tin foil and put it back. That will seal it and significantly reduce drafts. Next, close all the A/C vents in the ceiling. There are usually 5 in each house. A step ladder will be needed to do this.

In the spring, before turning on the A/C, remove the tin foil from the air return filter and open the ceiling vents or it will burn up the A/C.

DOUG ALLSTON

NOVEMBER SCRAMBLE

Rearrange letters on each line to form a word and then use the bracketed letters on each line to form the BONUS WORD.

Created by JANET GILBRIDE

RBIET

__ [] __ __ __

IABCS

__ [] __ __ __

RSBCU

__ __ [] __

ZLNZOE

__ [] __ __ __ __

ACRTH

__ [] __ __ __

TMEYSI

__ [] __ __ __ __

BONUS WORD

CLUE: One who writes books is an

[][][][][][]

See next month's Scramble for answers

OCTOBER ANSWERS

ARGPE

P _A_ _G_ _E_ [R_]

EHLSA

S [H_] _A_ _L_ _E_

CRTHO

[T_] _O_ _R_ _C_ _H_

NGREDA

[G_] _A_ _N_ _D_ _E_ _R_

PRIATM

[I_] _M_ _P_ _A_ _R_ _T_

BONUS WORD

CLUE: Two wrongs don't make a

[R_][I_][G_][H_][T_]

MEET THE PETS OF MUTUAL 16

Maureen Mayer-Sangster, 15535 Prince Frederick Way, with her golden doodle, **Scout**, and her sister, **Eileen Pryor's** terrier mix, **Gouda**. Both dogs were adopted as puppies and are 7 years old.



Sharon & Dennis Johnson, 3419 St. Leonards Court: On arriving at our winter home in Naples, FL (Nov 2015), we lost our Golden Retriever, Logan, to cancer. We took his toys to the shelter and looked at dogs there. In Oct 2015, rain caused flooding in SC. To make room for displaced flood dogs, shelter dogs were sent to facilities around the country. A 9-month-old "Carolina Dog" (yes, it's a real breed, Google it) was among those moved from Columbia, SC to Naples. We adopted him, named him "**Jasper**" – he's been with us ever since.



Now four years old, **Midnight**, 15526 Prince Frederick Way, is a black domestic short-haired tabby who was born in a barn and adopted by **Marcia Laundry**, from an animal hospital when he was 8 months old.



Mr Muffin, an 11-year-old chihuahua mix, recently adopted by **Paula Seebode**, 15408 Prince Frederick Way.



GET TO KNOW YOUR NEIGHBORS

JANET GILBRIDE

15403 PRINCE FREDERICK WAY

Janet was born and raised on Long Island. After a major health crisis at five years old, Janet was left with neurological and vision challenges. She has been legally blind since. Her right side was compromised so she had to change her handedness and learn to type with one hand. She attended the local public schools where she credits dedicated teachers for insisting she should not be sent to the school for the blind and for accommodating her with materials in large print.

She was in the chorus and graduated from high school with honors. She attended business school and went to work as a bookkeeper. She rose from bookkeeper to customer service supervisor, in charge of training the newbies. She was also the one they called when the customer asked to “speak to your boss.”

Janet met her future husband, Jim, at the wedding of her best friend. Janet was the only attendant, the maid of honor. She had to wear what the bride prescribed. Afterward, she heard from a friend: Jim’s only comment was that she looked like a nice girl but why was she wearing that silly hat? Despite the hat, he called her for a date and 18 months later they were married. In 1980, their daughter, Karla, was born. In a cosmic coincidence, she was born blind. Janet spent Karla’s preschool years going to Pittsburgh for state-of-the-art treatments for Karla’s condition. When the treatments failed and Karla was ready for school, Janet’s role changed. Although she remained the loving mother, now she became the champion for truth and justice. She became a parent advocate, not only for Karla, but for all the special needs children in her county. She started parent education and support groups. She represented special needs children at difficult planning meetings. She was a guardian ad litem. She was instrumental in changing school board policy and law to get special needs children the most appropriate education even if they had to cross county lines. She created a scholarship program for special needs children. It required organizing a fund-raising event every year to give an award to a special needs

child at the school’s awards ceremony. It is still going strong.

Janet’s advocacy helped many special needs children get the services they needed, but Janet is most proud of how her efforts ensured that her gifted daughter would be successful in the world. Karla went to college and law school, passed the bar, and argued and won a case before the US Supreme Court. She is now general counsel for the EEOC, supervising more than 200 other attorneys across the US. Karla’s law career has taken her on a similar advocacy path as her mother before her.

After Karla was out on her own, Janet and Jim took time to travel. Janet has been to Norway, Sweden, Denmark, Scotland, Ireland, Greece, Switzerland, Italy, the Caribbean, Mexico, and they took a long tour of the western United States. Jim passed away in 2015.

Janet moved to Mutual 16 in 2020 to be closer to her daughter and son-in-law. Janet is a survivor, an innovator, and a crusader. She has overcome her own health issues, learned to live in the world and be independent with low vision, and fought for equal opportunities in education for her daughter and all special needs children. In retirement, she likes playing card and word games, listening to all genres of music, listening to audio books in every category, taking care of Brodie, her 16-year-old Westie, entertaining longtime Long Island friends and now Mutual 16 friends; and she likes to write poetry. So as a fitting end, she has written her philosophy of life in a poem:



Life is a journey,

*Full of joy and
challenges,*

Through the years

*With grit, grace and
cheer,*

We persevere.

REMINDERS

LITTLE LIBRARY AT THE ROCK

Anyone can put books in, anyone can take books out. After you read one, bring it back or give it to someone else. Any questions? Call **Paula Seebode**, 301-944-4759.

SUNSHINE LADY

Our "Sunshine Lady" sends cards to our hospitalized residents as well as condolence cards for our deceased residents. If you know of anyone who would need a card, contact **Melinda Proctor** at 301-847-9644 or mefoxp@gmail.com.

SHOULD THE MUTUAL PAY FOR IT?

If you need work done in your home and feel the Mutual should pay for it, you *MUST FIRST* call **Jack Looney** at 301-938-0718 or 240-669-3530 *BEFORE* calling Physical Properties (PPD). If Jack is not available, call **Paula Seebode**, 301-944-4759. If you call PPD directly, you will be responsible for any charges incurred unless it is an emergency situation. For Emergencies after hours, call the Main Gate 301-598-1044.

FRIENDS OF THE PARK

Mutual 16 is home to a Leisure World landmark: the Park at the Rock. Join in to help out – call **Paula Seebode** at 301-944-4759 for more information.

"FILE OF LIFE"

Do you have a red vinyl "File of Life" magnetically attached to your fridge door? If not, get one of the red pouches from Montgomery County Fire & Rescue. Keep it updated with info concerning your medications, doctors, and contacts to be notified in case of serious illness. This data is important to an emergency crew when they are called in due to a sudden illness. First responders will check your refrigerator door for the "File of Life."

REMEMBERING SANDY GREER

Friends and family gathered at the Park at the Rock to dedicate a native Winter King Hawthorne tree in memory of **Sandy Greer**.



Left to right: **Joe & Francine Joyner, Virginia Rehbehn, Bob Pechacek, Diane Rosenfield, Bobbie Feldman** (Sandy's twin sister), **Helen Pechacek, Juliet Greer** (Sandy's daughter), **Jean Schaible, Susan Willcoxon, Mr. Muffin, Teri & Bill Heineman, David Feldman** (Sandy's nephew), **Julie Repeta, Rob Willcoxon, Marcia Laundry, Craig Warsaw** (Sandy's son), **Jim Rosenfield, Rhonda Finehout, and Jane Welsh**.



Although the tree has gone dormant for winter, it will have white flowers in the spring and red berries next fall.



DETAILS**ROBO-CALLS**

The Robo-Call system alerts us about immediate situations in the Mutual. It may be about a repair that affects residents' water service, a last-minute change to a meeting, or even a "Silver Alert" for a missing neighbor.

HELPING HANDS VOLUNTEER

Need help with a minor household task? Call **Lenny Sammarco** 240-535-8627, or **Peter Loan** 240-676-6074.

TRASH SCHEDULE

Here's the schedule for garbage and recycling pickups, with specific requirements for each. Note: garbage and recycling containers may be put out the night before their pickup days.

- **GARBAGE:** Pickup days are Tuesday and Friday. Be sure your garbage can is tightly covered.
- **GLASS/METAL/PLASTIC RECYCLING:** Pickup days are Tuesday and Friday. Recycling should be in the appropriate blue container. If you need a blue container, you can get one from PPD.
- **PAPER/CARDBOARD RECYCLING:** Pickup day is on Wednesday only. Paper/cardboard should be placed in a blue recycling container. Large boxes may be set out separately. Secure properly so paper doesn't fly around when it's windy.
- **YARD DEBRIS: BY REQUEST ONLY** (April thru November) on Monday and Thursday. Contact Grounds Dept. by email grounds@lwmc.com or call 301-598-1314 to notify them you have yard debris for pickup. Use tall brown paper recycling bags.

COMCAST CUSTOMER SERVICE

For routine service (if you need a technician, etc.) call LW Comcast Bulk 1-855-638-2855. For urgent issues (no TV or Internet), call Comcast Rep Willis Gray directly at 443-370-5018.

HAPPY BIRTHDAY!

Judite Fernandes

15407 Prince Frederick Way

November 22



*Giving
Thanks*

