

MUTUAL 16 MATTERS

MAY 2022



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Mutual 16 — Leisure World, Silver Spring, MD 20906 ■ www.lwm16.com

FROM THE DESK OF THE PRESIDENT

I think we would all agree that spring has arrived! Our “spring cleaning” of the residents’ dryer vents was a huge success. Our contractor cleaned 91 of our 95 units. To those who didn’t participate, we recommend contacting a contractor to obtain the cleaning. It is a great fire prevention measure. Our thanks to board member and current vice president **Bob Horton** who was the project manager on this. He went “above and beyond” to get the project done.

Doug Allston, our landscape chair, will be doing his walk-through of the mutual within the next few weeks. Remember, residents are responsible for the area within 4 feet of their unit. If you need help, refer to the list of gardeners in the newsletter.

I now have 62 residents (representing only 48 houses) on my email list. During these last few weeks, I have continued to forward all the information I have received from Leisure World management to those on my list. If you want to keep informed, please send me your e-mail address at jallston1@aol.com and I will add you to my list. Your address will not be sold and I promise not to inundate you with useless information – just the facts.

Our annual meeting will be held in Clubhouse 2 on May 19th at 2PM. The social hour prior to the meeting, starting at 1PM, is a great opportunity to reconnect with “old neighbors” and meet some of our new neighbors. Try to attend!

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SMART COOKIES MAY RECIPE

JANET GILBRIDE'S
COFFEE BON BONS



INGREDIENTS

- 1 cup butter, softened
- ¾ cup confectioners sugar
- ½ teaspoon vanilla
- 1 tablespoon instant coffee granules
- 1¾ cup flour

Chocolate Glaze

- 1 tablespoon butter
- ½ ounce unsweetened chocolate
- 1 cup confectioners sugar
- 2 tablespoons milk

DIRECTIONS

- Cream butter, sugar and add vanilla.
- Combine flour and instant coffee, stir into butter, and mix well.
- Chill, then roll into ¾ inch balls on cookie sheet.
- Bake at 350° F about 15 minutes or until lightly browned.
- To prepare glaze, melt butter and chocolate. Add to confectioners sugar in mixing bowl, add milk, mix well. Frost cookies while still warm.

CONSIDER THE CONVERSATION

COMPASSION
& CHOICES

Come see a one-hour long video:
The importance of talking with
family about your values, end-of-life
preferences, and goals.

Overcoming resistance to a
conversation about the end-of-life
(yours and theirs)

BRING FAMILY MEMBERS



Come early to select useful infor-
mation on a wide variety of end-of-
life issues from our resource tables.

2:00 PM
Wednesday
June 15, 2022
Clubhouse I
Chesapeake Room



**EVERYONE
IS
WELCOME**

MILESTONES



Rick Masemore May 02
3302 Solomons Court

Virginia Rehbehm May 13
15559 Prince Frederick Way

Are we missing YOUR birthday?
Please send your info to Chris at
chris@ceverettonline.com

MAY WORD SCRAMBLE

Rearrange letters on each line to
form a word, then use the circled
letters on each line to form the
BONUS WORD. **JANET GILBRIDE**

SAYDI



ORESS



FODIDLFA



TLWUNA



TINPEAU



BONUS WORD CLUE: April showers
bring May ...



See next month's Word Scramble for answers

APRIL ANSWERS

MLEBA
AMBLE

RHESO
HORSE

PESOMI
IMPOSE

RIMTBE
TIMBER

USRCEO
COURSE

BONUS WORD
CRUMBLES

CLUE: When an
object falls apart,
it ...

GET TO KNOW YOUR NEIGHBORS

CEOLA AND PETER LOAN
3402 PARKER CREEK LANE



They met in Ossining, New York: He an Irish-Catholic seminarian, she an African-American divorced mother of two. He was just back from two years as a missionary in Tanzania; she was a soprano in a gospel choir. He came to the choir's performance and it was "Some Enchanted Evening, You Will Meet a Stranger." Eighteen months later they were married.

They lived in a suburb of Boston at first, then moved to Zaire, now called the Democratic Republic of the Congo, where Peter's language skills in French and Swahili helped land him a job with the Peace Corps. Ceola provided training and consulting services in alcohol and drug abuse to the American community in Zaire while the children went to the American school in Kinshasa. During their three-year tour in Zaire, they experienced the first (little-known in the US) outbreak of Ebola, went on safari, experienced the cultural richness of the society, and met many wonderful people who are still friends today.

They returned to the US in 1979 and settled in the DC suburbs. The children went to Montgomery Blair High School. Peter worked for the Peace Corps, the Graduate School-USDA, and Sister Cities International, and as adjunct professor for several universities, while Ceola completed her undergraduate and graduate studies at UMD/UC and GW respectively. For 25 years, she trained service providers in cultural sensitivity at Rutgers University Summer School of Alcohol and Drug Studies. With the Robert

Woods Johnson Foundation, she helped establish school-based health clinics in 18 cities nationwide; and she served as the State Long-Term Care Ombudsman for the District of Columbia. For 32 years, Ceola also had a small antiques and collectibles business. They also formed their own consulting firm: Brown and Loan Associates. All the while, family came first. They were super hands-on parents, faithfully attending the children's school activities.

They say they retired in 2001 and 2014, but they have an unusual idea of retirement. Up to 2019 Peter continued to train federal, state and local government employees in grants management and Ceola continued her antiques business. Both took on writing projects. During their COVID confinement, Ceola published *If I Can Help Somebody*, accounts of remarkable human encounters; and Peter published *Fever! And Other Stories from the Land of Mobutu*, based on experiences in Zaire. Over the years, Peter's work took him to 45 countries on five continents, and together they have traveled to Kenya, Tanzania, Ireland, Jamaica, France, Aruba, Curacao, Canada, Japan and all over the US. Especially important to Ceola, as a breast cancer survivor, is encouraging women of any age to follow the advice of their doctors about mammograms. It saved her life.

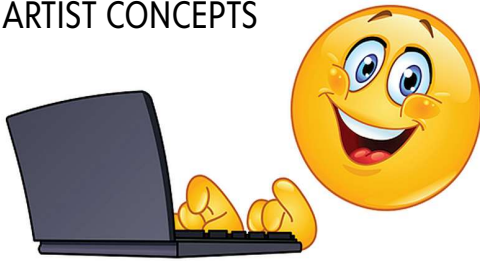
Although they have lived in Silver Spring, Hyattsville, and DC for over 40 years, Leisure World was not on their radar. When stairs and yard maintenance became challenging, they began thinking about moving. They were not just looking for a house; they were looking for a community. They were surprised but delighted that LW is just that. Although they moved into Mutual 16 a short time ago, they already participate in water aerobics, the writers' club and the short story book club. They say everyone here has been welcoming and they have found the community they were looking for.

In the 1970s, Ceola and Peter appeared on The David Susskind Show. The theme was interracial couples, a rare phenomenon in those days. Mr. Susskind's question was: "Why?" Their answer: "Because we fell in love." Today, nearly fifty years later, the answer remains the same.

FROM THE EDITOR

WHAT'S IN A NAME?

ARTIST CONCEPTS



While no final decisions have been made about a nickname for Mutual 16, a few of the suggestions are gaining popularity. Here are artist renderings that display various concepts for the signs.

These concepts show weather-proof acrylic elements that would be mounted on wood frames created and built in the Leisure World Woodshop.

The purpose of these renderings is to stimulate further discussion within our community.

Obviously, colors and fonts (like the Mutual's nickname) are yet to be determined.

So, what do you think?





SCENES FROM THE PARK AT THE ROCK: SPRING CLEANING!

Spring Cleaning at the Park: **Sherry Rubin, Sandy Greer, Paula Seebode** and **Bob Bridgeman** plant and weed at the Park at the Rock. Not pictured: **Julie Repeta** and **Kay Looney**. Many thanks to **Shirley Gilmore, Bob & June Hortin** and **Bob Bridgeman** for donations to the Park.



RESOURCES

CONTRACTORS

HVAC, Plumbing

Jiffy Plumbing, Heating and AC
Pete Kristiansen 240-882-8696
petethehvacguy@gmail.com

Electrician

Chris Blucher 240-462-7221

General Contractor

Mike Morrow 301-613-8781
Morrow1200@me.com

Painter

Ralph Carter 301-302-1211
Ralphcarter8@aol.com

HANDYMEN

Scott Davis 240-463-6134
t00lman7@yahoo.com

John Kent 301-385-8866
a1handymanjack@gmail.com

Alex Santos 202-945-3178
aasremodel@gmail.com

GARDENING SERVICES

Jane Zimmerman 301-219-8745
(Leisure World Resident)
jpzimmer7@gmail.com

Gloria Sherman 301-980-2867
(Leisure World Resident)

REC Lawn Russ Cooper 301-614-2938

Bill Bowers 301-831-7893

Jose Mayorga 301-346-5880

Mark Emmel 301-249-3655

Carlos Mendoza 301-624-9769

Cooper 301-473-2191

Jovy's 301-537-9156

M16 CONNECTIONS

HELPING HANDS

Bob Bridgeman 301-740-6724
brdgmn63@gmail.com

SUNSHINE LADY

Melinda Proctor 301-847-9644
mefoxp@gmail.com

WELCOMING COMMITTEE

Kay Looney 240-669-3530
kayvlo@comcast.net

POWER OUTAGE

Please remember if you have a power outage, do NOT call Pepco!

Call the Main Gate, 301-598-1044.

The Main Gate reports outages to Pepco. We do not have individual accounts with Pepco. This means Pepco does not have a record of your individual residence if you were to call them.

REMINDERS

LITTLE LIBRARY AT THE ROCK

Anyone can put books in, anyone can take books out. After you read a book, bring it back or give it to someone else. If you have questions, call **Paula Seebode**, 301-944-4759.

SUNSHINE LADY

Our "Sunshine Lady" sends cards to our hospitalized residents as well as condolence cards for our deceased residents. If you know of anyone who would need a card, contact **Melinda Proctor** at 301-847-9644 or mefoxp@gmail.com.

SHOULD THE MUTUAL PAY FOR IT?

If you need work done in your home and feel the Mutual should pay for it, you *MUST FIRST* call **Jack Looney** at 301-938-0718 or 240-669-3530 *BEFORE* calling Physical Properties (PPD). If Jack is not available, call **Joan Allston** 301-598-2557. If you call PPD directly, you will be responsible for any charges incurred unless it is an emergency situation. For Emergencies after hours, call the Main Gate 301-598-1044.

"HELPING HANDS" VOLUNTEERS

If you need some help with a minor household task, contact **Bob Bridgeman** at 301-740-6724 or brdgmn63@gmail.com.

"FILE OF LIFE"

Do you have a red vinyl "File of Life" magnetically attached to your fridge door? If not, get a red vinyl document sleeve online or at an office supply store (e.g., Staples). Keep it updated with info concerning medications, doctors, and contacts to be notified in case of serious illness. This info is very important to an emergency crew when they are called in due to a sudden illness. The rescue crew will check your refrigerator door for the "File of Life."

ROBO-CALLS:

The Mutual 16 President directs the robo-call system to alert residents about immediate situations in the mutual. It may be a notice about a repair that affects residents' water service, a last-minute change to a meeting time, or even a "silver alert" for a missing vulnerable neighbor.

Ellen Darr manages the robo-call directory. To remove your listing, or switch it from land-line to mobile, contact ellenmdarr@gmail.com

TRASH SCHEDULE

Here's the schedule for garbage and recycling pickups, with specific requirements for each.

Note: garbage and recycling containers may be put out the night before their pickup days.

- **GARBAGE:** Pickup days are **Tuesday** and **Friday**. Be sure your garbage can is tightly covered.
- **GLASS/METAL/PLASTIC RECYCLING:** Pickup days are **Tuesday** and **Friday**. Recycling should be in the appropriate blue container. If you need a blue container, you can get one from PPD.
- **PAPER/CARDBOARD RECYCLING:** Pickup day is on **Wednesday** only. Paper/cardboard should be placed in a blue recycling container. Large boxes may be set out separately. Secure properly so paper doesn't fly around when it's windy.
- **YARD DEBRIS: BY REQUEST ONLY** on **Monday** and **Thursday**. Contact the Grounds Department 301-598-1314 to notify them you have yard debris for pickup. Use tall brown paper recycling bags. Phone calls are preferred, but you may also email grounds@lwmc.com.

COMCAST CUSTOMER SERVICE

For routine service (if you need a technician, etc.) call LW Comcast Bulk 1-855-638-2855. For urgent issues (no TV or Internet), call Comcast Rep Willis Gray directly at 443-370-5018.