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COMMITTEE CHAIRS

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Mutual 16 — Leisure World, Silver Spring, MD 20906 ■ <u>www.lwm16.com</u>

FROM THE DESK OF THE PRESIDENT

Summer always seems to result in increased electrical usage. For the past several years, Leisure World had a contract with a major company which held electric rates constant. That company has recently declared bankruptcy resulting in the probability of a large increase in electric rates for both the Trust and Mutual properties. Many are unaware that our electrical usage has a direct correlation to the monthly homeowner's charge. There is nothing we can do about the weather, but everyone can take some steps to reduce consumption. Turn the thermostat up a degree or two. Close all windows (tight) and keep them closed. Turn off all unnecessary lights. Unplug things like adding machines and printers when not in use (they still draw electricity when plugged in). Every little bit of conservation will help.

The landscaping inspection of the Mutual resulted in "letters" being sent to 25 residents whose property needed attention. Some just needed a bit of weeding while others were seriously overgrown. Most have already complied with the requests while we have yet to hear from others or see any action being taken. A follow-up inspection in a few weeks will be conducted. Remember, it is everyone's responsibility to keep the Mutual beautiful.

Speaking of beautiful: have you seen "The Park at the Rock" lately? It's in full bloom, and seating is now available. Thanks so much to **Paula Seebode** and her crew for their hard work.

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ers

JULY

SMART COOKIES JULY RECIPE

FROM BETSY DAVIS: UNCLE GORDON'S DATE SQUARES (RECIPE ALMOST 150 YEARS OLD)



INGREDIENTS

- \Box 1 pound dates, chopped finely
- □ 2 cups brown sugar
- □ 1 cup hot water
- \Box 1 teaspoon vanilla
- \Box 1½ cups flour
- □ 1¹/₂ cups quick oats (not instant)
- \Box ½ teaspoon salt
- □ ½ cup butter

DIRECTIONS

- Cook dates in 1 cup water and 1 cup of the brown sugar until thick consistency. Add vanilla and set aside.
- Roll together flour, sugar, oats, salt and butter until crumbly.
- Set aside one half. Press the other half evenly into greased 9×9 inch parchment-lined pan.
- Spread date mixture evenly on top.
- Sprinkle with the remaining crumb mixture. Bake at 350°F for about 30 minutes, until golden brown.
- Remove from pan, using the parchment paper to lift the squares out. Cut into small squares while still warm.

NEWS YOU CAN USE RULES COMMITTEE UPDATE

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The newly-formed Rules Committee, mentioned in the last two newsletters, has held a couple of organizational meetings, and has begun to work on the first stages of reviewing Mutual 16's Rules. If you have thoughts or suggestions for the members of the committee, please feel free to call or email them. The committee members are:

Paula Seebode: 301-944-4759 paulas330@aol.com Betsy Davis: 240-383-7155 betsytdavis1@gmail.com Marcia Laundy: 301-598-3027 malaundy@gmail.com Bob Bridgeman: 301-740-6724 brdgmn63@gmail.com Bob Strade: 301-651-6055 pstrade@comcast.net

Look for continuing updates in subsequent newsletters and again — please share your input as, together, we create a brighter future for Mutual 16!

BOB STRADE

THE PARK AT THE ROCK



Park maintenance is a perpetual responsibility. A big thank you to **Sherry Rubin**, **Jan Romanoff** and our newest Park Beautification Committee member, **Rick Masemore**, for weeding, watering, clipping, and trimming The Park at the Rock in the hot summer sun. Additional thanks go to **Sandy Greer** and family for donations of lots of books to the Little Library in the Park.

PAULA SEEBODE

MILESTONES HAPPY BIRTHDAY

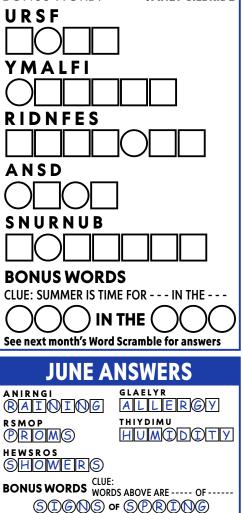
Thomaseena Cox July 01 15553 Prince Frederick Way **Barbara Higgs** July 09 3308 Solomons Court Helen Pechacek July 09 3420 Island Creek Court Paula Seebode July 10 15408 Prince Frederick Way **Janet Farr** July 13 3305 Solomons Court **Robert Hortin** July 25 15537 Prince Frederick Way

IN MEMORIAM

Bernie Repeta July 05, 2022 late of 3319 Solomons Court

JULY WORD SCRAMBLE

Rearrange letters on each line to form a word, then use the circled letters on each line to form the BONUS WORD. JANET GILBRIDE



JEAN SCHAIBLE (SHY BUL)

15520 PRINCE FREDERICK WAY

Jean was born, raised, went to nursing school, began her nursing career, and married in Iowa. At the beginning of her career, she worked in a 35-bed hospital — often being the only nurse on shift. This prepared her to think on her feet and deal with any eventuality with calm competence.

She married in 1963, had two sons — 20 months apart, and spent the early years of her marriage moving often for her husband's education and jobs. The family settled in the DC area where Jean went to Montgomery College and the University of Maryland, at the same time, to get an additional degree in Education. She did this while raising her two boys and managing the household.

After obtaining her degree in Education, Jean became a public health nurse in the Prince George's County Health Department. In her 26 years there, she served in many positions from charge nurse in maternal and child health, nursing supervisor in maternal health and family planning, leader of a teen pregnancy prevention program, and manager of the children's immunization program. There she had many adventures worthy of a TV show: part drama, part comedy, part reality show. She thinks she learned as much from the people she served as they learned from her.

Her marriage ended in divorce when the boys were grown. Always hard-working and independent, Jean remade a successful life for herself. She has held many positions of leadership in the Unitarian Universalist Church, and her beautiful soprano voice enriches the music program there. She is the adopted grandmother to a Bangladeshi artist, his wife, and their three children; helping them negotiate the medical and social services system in this country; and generally filling their lives with the joys of extended family which they had to leave behind.



Jean Schaible with a holiday wreath she made.

Art is also very important in Jean's life. She collects art, has commissioned art works and is an artist herself. She used to make jewelry, she sculpted, and now she paints on rocks and antique bricks. She has many examples of original art works in her home.

Always proactive, Jean chose Mutual 16 for a reason. Facing foot surgery, she reckoned her recovery would be much easier in Mutual 16: no stairs and several close friends to speed her recuperation. She is also recovering from the recent loss of her younger son. Being close to good friends and family in a place where it's easy to live will be vital to her healing.

When asked how she would express her philosophy of life, Jean offered these five principles: whether giving or receiving, kindness counts; be a good listener; be willing to walk in another person's shoes; seek joy every day; and persevere. How lucky we are to have such a perceptive and gracious neighbor.

JULY

RESOURCES

CONTRACTORS HVAC, Plumbing Jiffy Plumbing, Heating and AC 240-882-8696 Pete Kristiansen petethehvacguy@gmail.com Electrician Chris Blucher 240-462-7221 **General Contractor** 301-613-8781 Mike Morrow Morrow1200@me.com Painter **Ralph Carter** 301-302-1211 Ralphcarter8@aol.com HANDYMEN Scott Davis 240-463-6134 t00lman7@yahoo.com) 301-385-8866 John Kent a1handymanjack@gmail.com Alex Santos 202-945-3178 aasremodel@gmail.com **GARDENING SERVICES** Jane Zimmerman 301-219-8745 (Leisure World Resident) jpzimmer7@qmail.com 301-980-2867 Gloria Sherman (Leisure World Resident) Austin Angles 301-614-2938 **Bill Bowers** 301-831-7893 301-473-2191 Cooper REC Lawn Russ Cooper 301-614-2938 Mark Emmel 301-249-3655 301-537-9156 Jovv's Jose Mayorga 301-346-5880 Carlos Mendoza 301-624-9769

M16 CONNECTIONS

HELPING HANDS				
Bob Bridgeman	301-740-6724			
brdg	<u>brdgmn63@gmail.com</u>			
SUNSHINE LADY				
Melinda Proctor	301-847-9644			
<u>mefoxp@gmail.com</u>				
WELCOMING COMMITTEE				
Kay Looney	240-669-3530			
<u>ka</u>	ayvlo@comcast.net			

POWER OUTAGE

Please remember if you have a power outage, do NOT call Pepco!

Call the Main Gate, 301-598-1044. The Main Gate reports outages to Pepco. We do not have individual accounts with Pepco. This means Pepco does not have a record of your individual residence if you were to call them.

REMINDERS

LITTLE LIBRARY AT THE ROCK

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Anyone can put books in, anyone can take books out. After you read a book, bring it back or give it to someone else. If you have questions, service, a last-minute change to a call Paula Seebode, 301-944-4759.

SUNSHINE LADY

Our "Sunshine Lady" sends cards to our hospitalized residents as well as condolence cards for our deceased residents. If you know of anyone who would need a card, contact Melinda Proctor at 301-847-9644 or mefoxp@gmail.com.

SHOULD THE MUTUAL PAY FOR IT?

If you need work done in your home containers may be put out the and feel the Mutual should pay for it, you MUST FIRST call Jack Looney at 301-938-0718 or 240-669-3530 **BEFORE** calling Physical Properties (PPD). If Jack is not available, call Joan Allston 301-598-2557. If you call PPD directly, you will be responsible for any charges incurred unless it is an emergency situation. For Emergencies after hours, call the Main Gate 301-598-1044.

"HELPING HANDS" VOLUNTEERS

If you need some help with a minor household task, contact Bob Bridgeman at 301-740-6724 or brdgmn63@gmail.com.

"FILE OF LIFE"

Do you have a red vinyl "File of Life" magnetically attached to your fridge 1314 to notify them you have yard door? If not, get a red vinyl document sleeve online or at an office supply store (e.g., Staples). Keep it updated with info concerning medications, doctors, and contacts to be notified in case of serious illness. This info is very important to an emergency crew when they are called in due to a sudden illness. The 1-855-638-2855. For urgent issues rescue crew will check your refrigera- (no TV or Internet), call Comcast Rep tor door for the "File of Life."

ROBO-CALLS:

The Mutual 16 President directs the robo-call system to alert residents about immediate situations in the mutual. It may be a notice about a repair that affects residents' water meeting time, or even a "silver alert" for a missing vulnerable neighbor. Ellen Darr manages the robo-call directory. To remove your listing, or switch it from land-line to mobile, contact ellenmdarr@gmail.com

TRASH SCHEDULE

Here's the schedule for garbage and recycling pickups, with specific requirements for each. Note: garbage and recycling night before their pickup days.

• GARBAGE: Pickup days are Tuesday and Friday. Be sure your garbage can is tightly covered.

- GLASS/METAL/PLASTIC RECYCLING: Pickup days are **Tuesday** and Friday. Recycling should be in the appropriate blue container. If you need a blue container, you can get one from PPD.
- PAPER/CARDBOARD RECYCLING: Pickup day is on Wednesday only. Paper/cardbood should be placed in a blue recycling container. Large boxes may be set out separately. Secure properly so paper doesn't fly around when it's windy.

• YARD DEBRIS: BY REQUEST ONLY on Monday and Thursday. Contact the Grounds Department 301-598debris for pickup. Use tall brown paper recycling bags. Phone calls are preferred, but you may also email grounds@lwmc.com.

COMCAST CUSTOMER SERVICE

For routine service (if you need a technician, etc.) call LW Comcast Bulk Willis Gray directly at 443-370-5018.

