

# MUTUAL 16 MATTERS



JANUARY 2022

## BOARD OF DIRECTORS

President	<b>Joan Allston</b> 301-598-2557 <a href="mailto:jallston1@aol.com">jallston1@aol.com</a>
Vice President	<b>Robert Hortin</b> 240-242-4071 <a href="mailto:hortin6@aol.com">hortin6@aol.com</a>
Secretary	<b>Paula Seebode</b> 301-944-4759 <a href="mailto:paulas330@aol.com">paulas330@aol.com</a>
Treasurer	<b>Edwin Bradley</b> 202-641-7455 <a href="mailto:edsubrad@aol.com">edsubrad@aol.com</a>
Directors:	<b>Doug Allston</b> 301-598-2557 <a href="mailto:dkallston@gmail.com">dkallston@gmail.com</a>
	<b>Betsy Davis</b> 240-383-7155 <a href="mailto:betsytdavis1@gmail.com">betsytdavis1@gmail.com</a>
	<b>John Looney</b> 240-669-3530 <a href="mailto:j.looney007@comcast.net">j.looney007@comcast.net</a>

## COMMITTEE CHAIRS

Communications Distribution	<b>Virginia Rehbehn</b> 301-438-0949
Landscaping	<b>Doug Allston</b> 301-598-2557
Maintenance	<b>John Looney</b> 240-669-3530
Park	<b>Paula Seebode</b> 301-944-4759
Social	<b>Julie Repeta</b> 301-847-9067

## CONTACTS

Assistant Property Manager	<b>Kelly Rivera</b> 301-598-1031 <a href="mailto:krivera@lwmc.com">krivera@lwmc.com</a>
Editor	<b>Chris Everett</b> 410-428-7549 <a href="mailto:chris@ceverettonline.com">chris@ceverettonline.com</a>
LW Admin	301-598-1000
PPD	301-598-1500
Security & Transportation — Main Gate	301-598-1044
Comcast	1-855-638-2855 <a href="mailto:willis_gray@comcast.com">willis_gray@comcast.com</a>

Mutual 16 — Leisure World, Silver Spring, MD 20906 ■ [www.lwm16.com](http://www.lwm16.com)

## FROM THE DESK OF THE PRESIDENT

We have received our first snow – really our first two snows – with undoubtedly more on the way! Hopefully you have accessed the information outlining the plan for snow removal at [residents.lwcc.com](http://residents.lwcc.com). The high-rises are the first to be treated but the entire community is usually cleared within 24 hours of the last snowflake. As I constantly remind my grandchildren, NOT EVERYONE CAN BE FIRST, so be patient and enjoy the beautiful vistas we receive on a snowy day. For other snow-related information – such as trash pickup, bus scheduling, and facility closings – check out Channel 972 on the TV. Or call the daily events line at 301-598-1313.

For whatever reason, some of our residents have chosen to leave their vehicle/vehicles in their driveways. If vehicles are parked in the driveway, the resident will be responsible to removing the snow. If you need help shoveling, access a list of vetted snow shovelers at [residents.lwmc.com](http://residents.lwmc.com). Click on “Snow Removal Plan” under the “Resident Services” drop-down.

BEWARE: Scams are everywhere! We have been informed that a resident received an unsolicited call from a “contractor” asking for permission to access the roof. Unless it is an emergency, Mutual 16 will inform residents when access to the premises is necessary. So unless you receive a call from a Mutual 16 representative, do not allow access! If you have a question, call a Board member to verify.

On behalf of the Mutual 16 Board of Directors, I wish you a happy and healthy 2022.

### IN THIS ISSUE...

- |                          |  |                          |
|--------------------------|--|--------------------------|
| 1. President's Message   | 2. BOD Meeting Summary                   | 5. From the Editor       |
| 2. Cookie Project Recipe | 3. Meet Tamara Compton & David Cox       | 5. What's in a Name?     |
| 2. The Rock in the Snow  | 4. Special Moments: The Trip Through H*L | 5. Milestones            |
|                          |  | 5. Happy New Year        |
|                          |  | 6. Resources & Reminders |

# SMART COOKIES JANUARY RECIPE

## PAULA SEEBODE'S MOLASSES SUGAR COOKIES

Cookies aren't just for the holidays. On a wintery day, fill your home with the warmth and scent of these fresh-baked treats.

### INGREDIENTS

- ¾ cup shortening
- 1 cup white sugar
- ¼ cup molasses
- 1 egg, beaten
- 2¼ cups all-purpose flour
- ½ teaspoon salt
- 2 teaspoons baking soda
- ½ teaspoon ground cloves
- 1 teaspoon ground ginger
- 1 teaspoon ground cinnamon
- Sugar for rolling

### DIRECTIONS

- Cream shortening and sugar. Add molasses and egg. Mix well. Combine flour, soda, salt and spices; add to sugar mixture, mix until blended. Shape dough into 1 inch balls; roll in sugar.
- Place 2 inches apart on greased cookie sheets; flatten slightly. Bake at 375 degrees F for 8-10 minutes. These freeze well.



NOTE: If you have a favorite recipe you'd like to share with your neighbors, please send it to the editor. These recipes give everyone an opportunity to practice for next year's Christmas Cookie Project (see "Smart Cookies" article the December issue of *Mutual 16 Matters*).

# THE ROCK IN THE SNOW



# MEETING NOTES

## SUMMARY OF MUTUAL 16 BOD (BOARD OF DIRECTORS) MEETING

January 11, 2022  
Zoom Meeting.

- **Melissa Pelaez** gave the General Manager's report: Leisure World finances are in good shape. We end the year with a surplus. Several months of 2021 had better than average home sale numbers. Gate project has had some personnel setbacks slowing implementation of automated gate access; however the Beta testing group should be contacted by week's end. The construction at Clubhouse I is a bit behind schedule due to weather issues.
- Treasurer's report: The BOD resolved to pay the Directors fidelity insurance policy premium of \$2758; The BOD resolved to reinvest a maturing CD at the best term available.
- There were no LW advisory committee reports.
- Insurance: The BOD will continue to gather information. Management sent us a copy of the current Directors and Officers Policy for comparison to those of other companies.
- Maintenance: There are several shingle and gutter repairs in the pipeline and the concrete work at 408 Parker Creek and 15504 Prince Frederick Way is tentatively expected to begin in early February.
- Park: The Park committee is asking for winter monetary donations to be ready to beautify the Park in Spring
- Open Forum: Discussion of what expenses went into the large rise in the condo fee. The bulk of the rise is due to the rise in the cost of insurance premiums, a small amount is due to a rise in the community facilities fee and an even smaller amount is due to Mutual 16 expenses like an increased contribution to the roof reserve.

## GET TO KNOW YOUR NEIGHBORS

### TAMARA COMPTON & DAVID COX

3408 ISLAND CREEK COURT

She a west coaster, he an East Coaster; they each took a circuitous route filled with the usual life struggles and joys, and ended up in the middle, in Manhattan, Kansas. David had married, had three sons, gotten his PhD in biochemistry with a post Doc at the University of Washington, Seattle, taught at the University of Texas, Austin then became the Biochemistry Department chair at Kansas State University. His first wife had recently passed away.

Tamara had graduated from U.C. Santa Barbara with a degree in theater. She worked in professional theater as a stage manager, designer, and accountant in San Diego, Denver and in New York City. She came to Kansas State University to work on her Master's degree in Speech Communication. Their mutual love of the theater, she as director, designer, stage manager and he as an actor, brought them together when she cast him in the role of Charles Dickens in *A Christmas Carol* which she was directing. Soon after they married, Tamara moved to Nebraska University to work on her PhD while David began working as Dean of Arts and Sciences at Indiana-Purdue University, Fort Wayne, Indiana.

Thus began a 10-year commuter marriage where Tamara taught and directed theatre programs at small colleges in Ohio, Nebraska, and Utah, returning home to Fort Wayne every once in a while.

Since the beginning, they have shared a life together without sacrificing their independence. They have forged a relationship based on care and concern but with each having the freedom to explore individual areas of interest. While David learned to fly light aircraft, Tamara began a long journey on family history research. She reads mysteries; he reads history. Often one will travel alone while the other stays home to take care of their cat, Spiffy. And as David says, they have a "profound unconcern about appearing odd" to others.

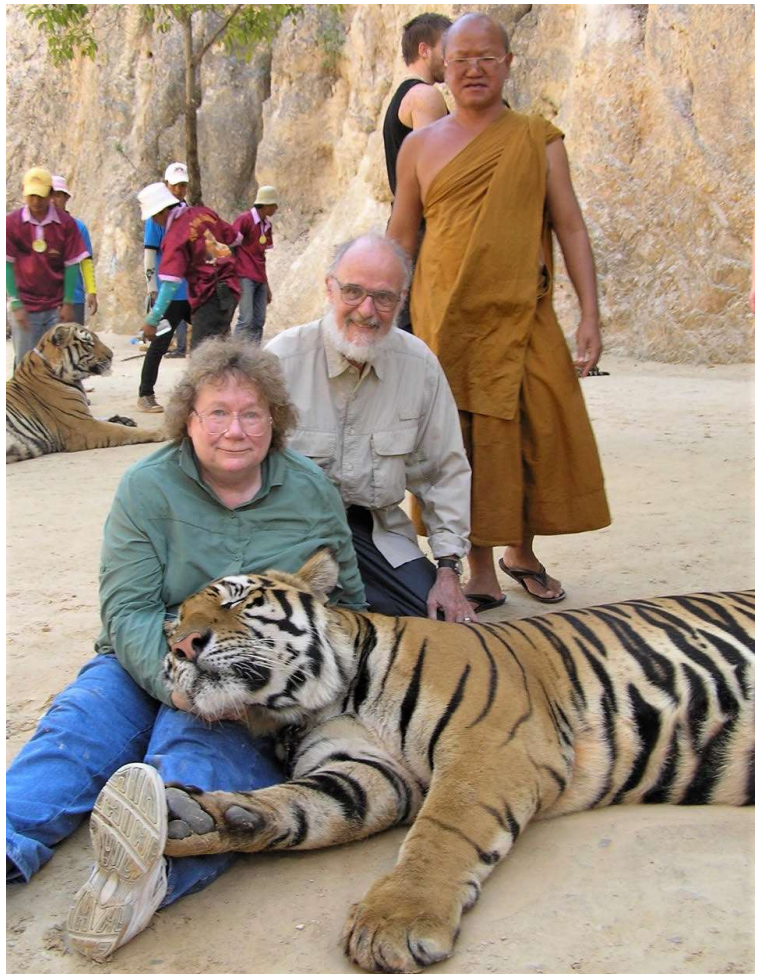
In 2000, when they were considering retiring, they conducted a controlled research study to find the best place to retire. They chose Bellingham,

Washington, a small college town with a distinctly west coast vibe and lots of opportunities for bird watching and hiking. They lived there for 18 years. While David did community theatre, Tamara volunteered at the local Family History Center. Together or separately, they have been to 110 countries on all 7 continents. She plans the trips; he documents them afterward.

In 2018, when Tamara was diagnosed with cancer, they moved east, to be nearer David's family, so he would have a support system in case anything happened to Tamara. They chose Leisure World because it was close to good transportation hubs, had lots of amenities, and lots of trees. Covid has put a damper on some travel plans but they have persevered. Tamara has just left on a three-week trip to England to visit relatives. Further planned travel for the two of them this year includes three cruises: to the Arctic, the Seine River, and the Adriatic Sea.

Fingers crossed!

Tamara Compton and David Cox, Tiger Temple, Thailand



# SPECIAL MOMENTS: "THE TRIP THROUGH H\*\*L"

**JOHN & KAY LOONEY** – 15411 PRINCE FREDERICK WAY

After a wonderful weekend with all of our family celebrating the wedding of our first grandson in Virginia Beach, the day of our return began somewhat ominously! Overnight, there was a heavy rain and wind storm which kept us awake off and on through the night.

In the morning, in preparation for our departure, I took our luggage out to the car and found it parked in a pond that was supposed to be the parking lot for the 16 houses in the complex! The water was about 6 to 8 inches deep, which was easily higher than the tops of my shoes! A change of socks and a move of the car allowed us to load the car and pick up our other grandson who had volunteered to be our driver for the weekend.

The drive from Virginia Beach through Norfolk, Hampton, and Williamsburg proceeded uneventfully until we ran into the snow and ice halfway to Richmond. It had been snowing for quite some time by then, and our WAZE navigation had us try alternate routes, but before long, we were forced to abandon them and try to get back to I-95. Traffic was heavy and slow, but moving. When our fuel began to get low, we attempted to find gas toward Rt. 1. This was difficult because there were power outages throughout the entire area and almost all the gas stations and other businesses were closed. We followed Rt. 1 and eventually found one station that was open because they had their own generator, but it was selling gas CASH ONLY! Fortunately, we are in the habit of having some cash with us when we travel, so we were able to fill the tank.

We got our gas and proceeded down Rt. 1, which was completely snow-covered and frozen over, until we heard that it was closed near Quantico. Our only option appeared to be getting back to I-95, which we were able to do in about an hour, approximately ten miles south of Quantico. We traveled about two miles before traffic came to a complete standstill at 9:20 PM Monday evening.

And... there we sat until sometime after 6:30 AM Tuesday. During that time, we dined on water and light snacks which happened to have been given to us as a gift bag from the Bride and Groom as we left the Wedding Reception. THANK GOD!

We watched them clear the Express Lanes, hoping they were going to open for traffic! HAH! Not only did that not happen, there was no sighting of emergency vehicles or Police cars... or the bread truck that was reported in the news! Finally, around 6:30 AM, traffic inched forward for about five or ten miles and then started to move a little better. About four and a half hours later, we arrived home, and fell into bed for a couple of hours.

All told, it was over 25 hours in the car with no facilities and what little food and water we happened to have with us!

The one thing that kept us on track was our grandson Bobby who was not only as calm and collected as anyone could be in such circumstances, but also provide us with great music and connections to various newscasts and other programs through his modern technology, that gave us some insight to what was going on around us! GOD BLESS BOBBY!



**TRAUMATIZING TRAFFIC JAM**  
DRIVERS STUCK 20+ HOURS IN I-95 SHUTDOWN

## The New York Times

### Stranded Drivers Are Freed After 24-Hour Snowy Ordeal on I-95 in Virginia

Hundreds were stuck overnight on the interstate south of Washington. A United States senator was among those trapped.

JAN. 4, 2022

Emergency crews on Tuesday afternoon freed the last of hundreds of drivers stranded by a snowstorm on Interstate 95 in Virginia, after more than 24 shivering hours of watching gas gauges drop, rationing food and water and holding out for any kind of help.

A 40-mile stretch of the highway — one of the busiest travel corridors in the United States — came to a standstill overnight after a fast-falling snowstorm led to jackknifed tractor-trailers and hundreds of other accidents. Some people abandoned their cars. Many, including a U.S. senator, spent the night on the snowy highway.

# FROM THE EDITOR

## COLLECT YOUR THOUGHTS

### DO YOU KEEP A JOURNAL?



For the new year, I ask that each of you consider keeping a journal or a diary. Make it a point to jot down at least one thought about your day. It may only be a log about a doctor’s appointment or it may be a little recollection of something that made you smile. The point is to get in the habit of writing. Your family will appreciate it and it will make it easier to remember things you might otherwise forget. At the end of the year, you may be surprised at what you’ve made note of.

The ulterior motive is to get you to submit something to this newsletter. It might be a poem. It might be a childhood memory. It might be a recipe. It might even be something that annoyed you.

We’ve now published our second “Special Moment” feature. Our first “Special Moment” article, in the October 2021 issue, was about a neighbor’s celebration of a 70th wedding anniversary. This month, the “Special Moment” was about a neighbor’s harrowing experience on Interstate 95. We all heard about it on the national news, but who knew that one of our neighbors was part of that story?

Think of something you want to share and send an email. You’re more interesting than you realize. Your neighbors will thank you.

### WHAT’S IN A NAME?

#### ARE WE GOING TO DO THIS?

While there has been growing interest coming up with a name for Mutual 16, there have been questions about the expense.

Way back in 2021, Mutual 14 named themselves “Forest Glade” and became the most recent example of a mutual to do this.

The Mutual 14 signs were built at the Leisure World wood shop located in Clubhouse II. Apparently, the cost was reasonable. Unfortunately, the wood shop has been shut down due to Covid – but that situation is fluid. It’s likely they may be open by the time Mutual 16 makes a decision.

I’ve received a real education as Mutual 16 neighbors have submitted their preferred choices for a name. For example, it turns out that the original residents (40 plus years ago) referred to our mutual as “The Potomac of Leisure World” and “Mutual Sweet Sixteen” – so there’s the back story for that option.

Others like a name that references our landmark Rock, but they don’t like the “Rock” choices already submitted.

And so far, all of the other named mutuals selected a name based on street names in their community. Mutual 16 is fortunate since it looks like we have more options than those other mutuals.

It’s not too late for more nominations, but so far, the most popular names (in alphabetical order) are Calvert Commons, Calvert Crossing, Rockpark, Rockpark Village (or something with Rockpark), and Sweet Sixteen (or Mutual Sweet Sixteen).

Let me know your thoughts.

## MILESTONES

### HAPPY BIRTHDAY

- Don Phillips** January 10  
3306 Solomons Court
- Sandy Greer** January 15  
3408 Parker Creek Lane
- Lynne Griffin** January 22  
3303 Solomons Court

### WELCOME TO MUTUAL 16

**Alan & Joan Safer**  
15409 Prince Frederick Way  
Closing Date: January 3, 2022

### IN MEMORIAM

**Kathy Geehreg**  
December 26  
late of 15412 Prince Frederick Way

## Happy New Year

“May your new year be filled with magic and dreams and good madness. I hope you read some fine books and kiss someone who thinks you’re wonderful. And don’t forget to make some art — write or draw or build or sing or live as only you can. And I hope, somewhere in this new year, you surprise yourself.”

Neil Gaiman

## RESOURCES

### CONTRACTORS

#### HVAC, Plumbing

Jiffy Plumbing, Heating and AC  
 Pete Kristiansen 240-882-8696  
[petethehvacguy@gmail.com](mailto:petethehvacguy@gmail.com)

#### Electrician

Chris Blucher 240-462-7221

#### General Contractor

Mike Morrow 301-613-8781  
[Morrow1200@me.com](mailto:Morrow1200@me.com)

#### Painter

Ralph Carter 301-302-1211  
[Ralphcarter8@aol.com](mailto:Ralphcarter8@aol.com)

### HANDYMEN

Scott Davis 240-463-6134  
[t00lman7@yahoo.com](mailto:t00lman7@yahoo.com)

John Kent 301-385-8866  
[a1handymanjack@gmail.com](mailto:a1handymanjack@gmail.com)

Alex Santos 202-945-3178  
[aasremodel@gmail.com](mailto:aasremodel@gmail.com)

### GARDENING SERVICES

Jane Zimmerman 301-219-8745  
 (Leisure World Resident)  
[jpzimmer7@gmail.com](mailto:jpzimmer7@gmail.com)

Gloria Sherman 301-980-2867  
 (Leisure World Resident)

REC Lawn Russ Cooper 301-614-2938

Bill Bowers 301-831-7893

Jose Mayorga 301-346-5880

Mark Emmel 301-249-3655

Carlos Mendoza 301-624-9769

Cooper 301-473-2191

Jovy's 301-537-9156

## M16 CONNECTIONS

### HELPING HANDS

Bob Bridgeman 301-740-6724  
[brdgmn63@gmail.com](mailto:brdgmn63@gmail.com)

### SUNSHINE LADY

Melinda Proctor 301-847-9644  
[mefoxp@gmail.com](mailto:mefoxp@gmail.com)

### WELCOMING COMMITTEE

Kay Looney 240-669-3530  
[kayvlo@comcast.net](mailto:kayvlo@comcast.net)

## POWER OUTAGE

Please remember if you have a power outage, do NOT call Pepco!

**Call the Main Gate, 301-598-1044.**

The Main Gate reports outages to Pepco. We do not have individual accounts with Pepco. This means Pepco does not have a record of your individual residence if you were to call them.

## REMINDERS

### LITTLE LIBRARY AT THE ROCK

Anyone can put books in, anyone can take books out. After you read a book, bring it back or give it to someone else. If you have questions, call **Paula Seebode**, 301-944-4759.

### SUNSHINE LADY

Our "Sunshine Lady" sends cards to our hospitalized residents as well as condolence cards for our deceased residents. If you know of anyone who would need a card, contact **Melinda Proctor** at 301-847-9644 or [mefoxp@gmail.com](mailto:mefoxp@gmail.com).

### SHOULD THE MUTUAL PAY FOR IT?

If you need work done in your home and feel the Mutual should pay for it, you **MUST FIRST** call **Jack Looney** at 301-938-0718 or 240-669-3530 **BEFORE** calling Physical Properties (PPD). If Jack is not available, call **Joan Allston** 301-598-2557. If you call PPD directly, you will be responsible for any charges incurred unless it is an emergency situation. For Emergencies after hours, call the Main Gate 301-598-1044.

### "HELPING HANDS" VOLUNTEERS

If you need some help with a minor household task, contact **Bob Bridgeman** at 301-740-6724 or [brdgmn63@gmail.com](mailto:brdgmn63@gmail.com).

### "FILE OF LIFE"

Do you have a red vinyl "File of Life" magnetically attached to your refrigerator door? If not, they are free at the Leisure World Medical Center. Keep it updated with info concerning medications, doctors, and contacts to be notified in case of serious illness. This information is very important to an emergency crew when they are called in due to a sudden illness. The rescue crew will check your refrigerator door for the "File of Life."

### ROBO-CALLS:

The Mutual 16 President directs the robo-call system to alert residents about immediate situations in the mutual. It may be a notice about a repair that affects residents' water service, a last-minute change to a meeting time, or even a "silver alert" for a missing vulnerable neighbor.

**Ellen Darr** manages the robo-call directory. To remove your listing, or switch it from land-line to mobile, contact [ellenmdarr@gmail.com](mailto:ellenmdarr@gmail.com)

### TRASH SCHEDULE

Here's the schedule for garbage and recycling pickups, with specific requirements for each.

Note: garbage and recycling containers may be put out the night before their pickup days.

- **GARBAGE:** Pickup days are **Tuesday** and **Friday**. Be sure your garbage can is tightly covered.
- **GLASS/METAL/PLASTIC RECYCLING:** Pickup days are **Tuesday** and **Friday**. Recycling should be in the appropriate blue container. If you need a blue container, you can get one from PPD.
- **PAPER/CARDBOARD RECYCLING:** Pickup day is on **Wednesday** only. Paper/cardboard should be placed in a blue recycling container. Large boxes may be set out separately. Secure properly so paper doesn't fly around when it's windy.
- **YARD DEBRIS: BY REQUEST ONLY** on **Monday** and **Thursday**. Contact the Grounds Department email [grounds@lwmc.com](mailto:grounds@lwmc.com) or call 301-598-1314 to notify them you have yard debris for pickup. Use tall brown paper recycling bags. **NO REQUESTS BETWEEN DECEMBER AND MARCH.**

### COMCAST CUSTOMER SERVICE

For routine service (if you need a technician, etc.) call LW Comcast Bulk 1-855-638-2855. For urgent issues (no TV or Internet), call Comcast Rep Willis Gray directly at 443-370-5018.