

MUTUAL 16 MATTERS



AUGUST 2022

Mutual 16 — Leisure World, Silver Spring, MD 20906 ■ www.lwm16.com

BOARD OF DIRECTORS

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Communications Distribution	Virginia Rehbehn 301-438-0949
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PPD	301-598-1500
Security & Transportation — Main Gate	301-598-1044
Comcast	1-855-638-2855 willis_gray@comcast.com

FROM THE DESK OF THE PRESIDENT

It's budget time again! I'm sure I do not have to tell you that everything has gone up in the past year. **Edwin Bradley**, our Treasurer, has been diligently working with Accounting to calculate the condo fees for next year. He has informed me that, regrettably, our monthly fees for next year are going to be increasing again. It's true that our insurance bill will be lower than last year (because of the great work of **Betsy Davis** and **Paula Seebode** to find a better policy), BUT those savings will be offset by price hikes in both electricity and water. And we will also see the routine increase in the Comcast contract, as well as the normal escalation in community fees due to the general inflation of overall expenses.

I have asked in the past and I will ask you again to make a concerted effort to conserve electricity and water. Both have a direct relationship to our condo fees. I will try to present some tips in the coming months to help you conserve. In the meantime, please try to do whatever you can. In this hot summer weather, I think the most helpful suggestion would be to raise the temperature of your air conditioner. Just one degree would help.

If you attended the Mutual's Board of Directors meeting on August 9, you know that a motion was passed to transfer management of the Mutual's Reserve Fund to Morgan Stanley Wealth Management Group. This will enable the Mutual to receive better rates on investments. Several other Mutuals have transferred to this Morgan Stanley fund with improved returns on their money. In this time of financial uncertainty, the Board of Directors felt a move like this was needed. Morgan Stanley charges no fees and has access to over 600 companies offering investment opportunities.

IN THIS ISSUE...

- | | | |
|--------------------------|-----------------------|--------------------------|
| 1. President's Message | 2. Rules Committee | 3. Watch Your Purse! |
| 2. Cookie Project Recipe | 2. Yard Waste Pick Up | 4. Scenes From Mutual 16 |
| | 2. Milestones | 5. Meet Colleen McCarty |
| | 2. M16 Word Scramble | 6. Resources & Reminders |

SMART COOKIES AUGUST RECIPE

FROM PATTI STRADE: PUDDING
CHOCOLATE CHIP COOKIES



INGREDIENTS

- 2¼ cups flour
- 1 package vanilla instant pudding
- 1 teaspoon baking soda
- 2 eggs
- 1 cup softened butter
- 12 ounces milk chocolate chips
- ¼ cup sugar
- 1 teaspoon vanilla
- ¾ cup light brown sugar

DIRECTIONS

- Preheat oven to 375°F
- Mix flour with the baking soda in separate bowl
- Combine butter, sugars, vanilla and pudding mix and beat well until smooth and creamy
- Add eggs to butter mixture and beat well
- Gradually add flour mixture
- Stir in chocolate chips
- Drop by teaspoons (I use a scoop) onto a baking sheet (I use a stone which works the best)
- Bake for 8–10 minutes until light brown on top
- Cool for a few minutes on baking stone, then move to rack to cool

NOTE: You can also use chocolate pudding mix or mint chips.

NEWS YOU CAN USE

RULES COMMITTEE UPDATE

After consultations with and approval by the Mutual 16 Board of Directors, The Rules Committee's charge has been expanded to include a review of the Mutual's Bylaws as well, to ensure the Bylaws and the Rules are aligned, consistent, and not duplicative. The Committee met July 22nd to begin their review of the Bylaws. Sections of the document were divided up among the Committee members and assigned for individual review and commentary before coming together again at the next meeting in late August to consolidate the findings and recommendations.

As the Committee continues its work, again – please feel free to contact the members with any input. The members are:

- Paula Seebode:** 301-944-4759
paulas330@aol.com
- Betsy Davis:** 240-383-7155
betsytdavis1@gmail.com
- Marcia Laundry:** 301-598-3027
malaundy@gmail.com
- Bob Bridgeman:** 301-740-6724
brdgmn63@gmail.com
- Bob Strade:** 301-651-6055
pstrade@comcast.net

Look for continuing updates in subsequent newsletters.

BOB STRADE

YARD WASTE

I was walking my dog a little while ago when I noticed three units with yard waste out. I don't know if PPD was just slow that day... or maybe those particular residents didn't know they were supposed to contact the Grounds Department for pick up.

BOB BRIDGEMAN

Reminder: Yard waste is picked up BY REQUEST ONLY on Monday and Thursday. Contact the Grounds Department (leave a voice mail at 301-598-1314) to notify them you have yard debris for pickup. Use tall brown paper recycling bags. Voice mail is preferred, but you may also email grounds@lwmc.com.

MILESTONES



- Ruth Day** August 01
15528 Prince Frederick Way
- Bob Pechacek** August 05
3420 Island Creek Court
- Edwin Bradley** August 20
15420 Prince Frederick Way
- June Hortin** August 21
15537 Prince Frederick Way

AUGUST WORD SCRAMBLE

Rearrange letters on each line to form a word, then use the circled letters on each line to form the BONUS WORD. **JANET GILBRIDE**

ERPUP



ALGEL



RBSCU



ICNOMG



RTATEB



BONUS WORD

CLUE: WE ALL RESIDE IN ----- 16



See next month's Word Scramble for answers

JULY ANSWERS

URSF



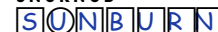
ANS D



YMALFI



SNURNUB



RIDNFES



BONUS WORDS CLUE: SUMMER IS TIME FOR --- IN THE ---



MORE NEWS YOU CAN USE

WATCH YOUR PURSE!

Several Leisure World residents have become victims of a purse snatchings while grocery shopping at our nearby Giant as well as incidents at other local businesses.

When shopping, keep your purse on you if you can with the strap across your body. If you decide to leave your purse in the car, make sure it's hidden and not visible to anyone walking by. It only takes a second to break a window and grab a purse if it's right there for the taking.

A lot of women do like to put their purse into the cart, but it's really easy to have it taken, especially when you look away. One gambit is to have one perpetrator go up to a shopper, distract them for a moment, while their accomplice comes from the opposite side and grabs the wallet... or takes the whole purse. When using a shopping cart as you browse through the store, keep your purse zipped or closed and secure it to the cart by clipping the child safety belt through the strap(s). This will help in preventing someone from taking advantage of your distraction and running off with the purse.

The hazard doesn't disappear once you leave the store. Kids can ride bikes through busy parking lots searching for women loading up after shopping and leaving their purse unattended in their shopping cart — they ride by, they snatch, and then they have a getaway route that a full-sized vehicle can't follow. Be careful. We old folks cannot be so trusting. **SANDRA GREER**



SCENES FROM MUTUAL SIXTEEN



TREE REMOVAL PROJECT

Heavy equipment came to Prince Frederick Way for the removal of a large tree.

The next day, **Doug Alston** and **Lenny Sammarco** came to supervise the stump removal.



OH DEER!

A few four-legged neighbors were out for an evening stroll across from my house.

JANET GILBRIDE

GET TO KNOW YOUR NEIGHBORS

COLLEEN McCARTY

15540 PRINCE FREDERICK WAY

Colleen McCarty was born in DC, moved to Kensington when she was five, and went to Catholic school (kindergarten through high school) there. She was an average student with no real direction. It wasn't until college at Towson that she found her calling, her true passion – Politics and History. She volunteered for the Bobby Kennedy campaign in 1968 and did a summer internship with Maryland congressman Gilbert Gude. From that time, she knew she wanted to work on Capitol Hill.

Upon graduating from Towson State College, she embarked on the three-month tour of Europe: the highlights of which included the Anne Frank house, Dachau Concentration Camp, and Checkpoint Charley in Berlin. Can you sense a theme?

Back in the United States, she started looking for a job on Capitol Hill. It did not take long. She was offered the first job she interviewed for: an entry-level position on the staff of Congressman Robert Mollohan of West Virginia. When Congressman Mollohan retired, his son was elected to the seat. She continued working for him. She started at the lowest level, opening mail and shadowing other staffers. She worked her way up to Constituent Service Coordinator and finally to Chief of Staff. Because she was in the right place at the right time, she has shaken hands with Mother Teresa, Anwar Sadat, Pamela Harriman, and four US Presidents, Democrat and Republican. But most important to her was that, along the way, she, with her team, helped veterans get benefits, helped small business people get loans, helped families negotiate the immigration system, helped young people get military academy appointments... the list goes on and on.

Colleen retired in 2011. As she tells it: It was the end of a job she loved. At the same time, it was the beginning of a retirement she loves. She cared for her best friend during his last ill-

ness. At the same time, she helped care for her newborn great-nieces and nephew (triplets) – endings bittersweet, beginnings joyous.

She moved to Mutual 16 in 2018. Selling her house in Virginia and buying her house here left her with a nest egg to use for traveling. She has been to Dubai, Jordan, Egypt, Oman, Abu Dhabi, Israel, Greece, the south of France, Tuscany and more. Her passions for history, research and politics continue in retirement. She helps people write memoirs, does Ancestry research, and spends time with her many nieces and nephews including 14 great nieces and nephews.

Colleen says that the general public usually only hears about the extremes on both sides of any issue. She spent 37 years involved in the inner workings of government. Amazingly, she did not become cynical. If she were to write a tell-all-Capitol Hill-confidential book, it would be full of honest hardworking people trying to improve the world writ large and the world of individual people. She believes every person can make a difference; that one person can change the world. She learned that from Bobby Kennedy in the '60s and believes it's true today. So, if you need cheering up about the state of the world, go talk to Colleen. She is an eternal optimist who believes there are always two sides to every story and that there is



RESOURCES

CONTRACTORS

HVAC, Plumbing

Jiffy Plumbing, Heating and AC
Pete Kristiansen 240-882-8696
petethehvacguy@gmail.com

Electrician

Chris Blucher 240-462-7221
Ethan Greene 240-388-1616

General Contractor

Mike Morrow 301-613-8781
Morrow1200@me.com

Painter

Ralph Carter 301-302-1211
Ralphcarter8@aol.com

HANDYMEN

Scott Davis 240-463-6134
t00lman7@yahoo.com

John Kent 301-385-8866
a1handymanjack@gmail.com

Alex Santos 202-945-3178
aasremodel@gmail.com

GARDENING SERVICES

Jane Zimmerman 301-219-8745
(Leisure World Resident)
jpzimmer7@gmail.com

Gloria Sherman 301-980-2867
(Leisure World Resident)

Austin Angles 301-614-2938

Bill Bowers 301-831-7893

Cooper 301-473-2191

REC Lawn Russ Cooper 301-614-2938

Mark Emmel 301-249-3655

Jovy's 301-537-9156

Jose Mayorga 301-346-5880

Carlos Mendoza 301-624-9769

M16 CONNECTIONS

HELPING HANDS

Bob Bridgeman 301-740-6724
brdgmn63@gmail.com

SUNSHINE LADY

Melinda Proctor 301-847-9644
mefoxp@gmail.com

WELCOMING COMMITTEE

Kay Looney 240-669-3530
kayvlo@comcast.net

POWER OUTAGE

If you have a power outage, do NOT call Pepco! **Call the Main Gate, at 301-598-1044.** The Main Gate reports outages to Pepco. We don't have individual accounts with Pepco. This means Pepco has no record of your individual residence if you were to call them.

REMINDERS

LITTLE LIBRARY AT THE ROCK

Anyone can put books in, anyone can take books out. After you read a book, bring it back or give it to someone else. If you have questions, call **Paula Seebode**, 301-944-4759.

SUNSHINE LADY

Our "Sunshine Lady" sends cards to our hospitalized residents as well as condolence cards for our deceased residents. If you know of anyone who would need a card, contact **Melinda Proctor** at 301-847-9644 or mefoxp@gmail.com.

SHOULD THE MUTUAL PAY FOR IT?

If you need work done in your home and feel the Mutual should pay for it, you *MUST FIRST* call **Jack Looney** at 301-938-0718 or 240-669-3530 *BEFORE* calling Physical Properties (PPD). If Jack is not available, call **Joan Allston** 301-598-2557. If you call PPD directly, you will be responsible for any charges incurred unless it is an emergency situation. For Emergencies after hours, call the Main Gate 301-598-1044.

"HELPING HANDS" VOLUNTEERS

If you need some help with a minor household task, contact **Bob Bridgeman** at 301-740-6724 or brdgmn63@gmail.com.

"FILE OF LIFE"

Do you have a red vinyl "File of Life" magnetically attached to your fridge door? If not, get a red vinyl document sleeve online or at an office supply store (e.g., Staples). Keep it updated with info concerning medications, doctors, and contacts to be notified in case of serious illness. This info is very important to an emergency crew when they are called in due to a sudden illness. The rescue crew will check your refrigerator door for the "File of Life."

ROBO-CALLS:

The Mutual 16 President directs the robo-call system to alert residents about immediate situations in the mutual. It may be a notice about a repair that affects residents' water service, a last-minute change to a meeting time, or even a "silver alert" for a missing vulnerable neighbor.

Ellen Darr manages the robo-call directory. To remove your listing, or switch it from land-line to mobile, contact ellenmdarr@gmail.com

TRASH SCHEDULE

Here's the schedule for garbage and recycling pickups, with specific requirements for each.

Note: garbage and recycling containers may be put out the night before their pickup days.

- **GARBAGE:** Pickup days are **Tuesday** and **Friday**. Be sure your garbage can is tightly covered.
- **GLASS/METAL/PLASTIC RECYCLING:** Pickup days are **Tuesday** and **Friday**. Recycling should be in the appropriate blue container. If you need a blue container, you can get one from PPD.
- **PAPER/CARDBOARD RECYCLING:** Pickup day is on **Wednesday** only. Paper/cardboard should be placed in a blue recycling container. Large boxes may be set out separately. Secure properly so paper doesn't fly around when it's windy.

- **YARD DEBRIS: BY REQUEST ONLY** on **Monday** and **Thursday**. Contact the Grounds Department 301-598-1314 to notify them you have yard debris for pickup. Use tall brown paper recycling bags. Phone calls are preferred, but you may also email grounds@lwmc.com.

COMCAST CUSTOMER SERVICE

For routine service (if you need a technician, etc.) call LW Comcast Bulk 1-855-638-2855. For urgent issues (no TV or Internet), call Comcast Rep Willis Gray directly at 443-370-5018.