

JUNE 2019

MUTUAL-16

Mutual 16 – Leisure World, Silver Spring, MD -20906

Rita Molyneux - molyneux@erols.com

Web Site – www.lwm16.com

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FROM THE DESK OF THE PRESIDENT:

Summer came early and with it came increased electrical usage. Many are unaware that our electrical usage has a direct correlation to the monthly homeowners charges. Those who attended the annual meeting in May might remember our treasurer Ed Bradley explaining that our electrical usage has a direct relationship to our monthly dues. There is nothing we can do about the weather but everyone can take some steps to conserve consumption. Turn the thermostat up a degree or two. Close all windows (tight) and keep them closed. Turn off all unnecessary lights. Unplug things like adding machines and printers when not in use (they still draw electricity when plugged in). Every little bit of conservation will help.

The landscaping inspection of the mutual resulted in “letters” being sent to 25 residents whose property needed attention. Some just needed some weeding while others were seriously overgrown. Many have already complied with the request for compliance while we have yet to hear from others or see any action being taken. A follow up inspection in a few weeks will be conducted. Remember it is everyone’s responsibility to keep the Mutual beautiful.

Speaking of beautiful: have you seen the “Park at the Rock” lately?. It’s in full bloom and seating is now available. Thanks so much to Paula Seebode and her crew for their hard work.

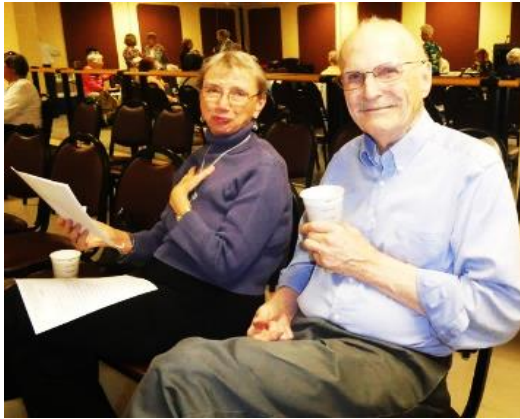
Speaking of the park, don’t miss our next gathering on Friday, June 21st at the park at 4:30. Come meet your new neighbors and old friends. See the flyer at the end of this newsletter for more details!

MUTUAL 16 ANNUAL MEETING

Pictures by Paula Seebode

May 16, 2019





REPORT OF THE HEALTH ADVISORY COMMITTEE **By Jeannie Jones**

MedStar Medical Center—There are some new developments. **First**, Dr. Avrunin, primary care, has retired. Recruitment for a full-time replacement, preferably a gerontologist, is underway. In the meantime, his patients are being cared for by other physicians at the medical center. **Second**, the uro-gynecology nurse practitioner who recently started at the medical center resigned, I think for personal reasons. A replacement is being sought, but this was a difficult spot to fill. **Third**, a neurosurgeon, Malini Narayanan, MD, has begun practicing at the medical center recently. **Fourth**, the search continues for an endocrinologist. **Fifth**, Drug Takeback Day in April was successful, but not as many people as usual participated. This may be because medications other than narcotics can now be disposed of at any time during regular business hours in the lobby of the medical center. **Sixth**, the class for diabetics that is open to all Leisure World residents, Living Well, is underway and has been very successful. **Seventh**, the problem of providing mental health services continues. In an attempt to alleviate the situation, a program called Collaborative Care, managed by an experienced psychiatric nurse, Melody Parks, RN, has been initiated. The goal of the program is to coordinate care of behavioral health issues with a team approach. Whether this helps with the shortage of providers is to be determined. It may be useful in cases where the primary care doctor rather than a psychiatrist is managing psychiatric medications.

Eighth, the number of medical center visits has decreased as compared to this time last year. Patient satisfaction surveys are more positive now than they have been in the past.

Restaurant—The restaurant was reported to the Health Department again by someone because of the strep outbreak that occurred at the medical center. No restaurant employees were sick and no dining patrons ever became sick. No strep was ever detected or suspected at the restaurant. Since strep is not a food-borne illness, this would be expected. No restaurant violations were found based on the report of strep, but several other relatively minor violations of the code were found and corrective measures were taken.

Medical Marijuana—There will be a panel on July 17 with a speaker from NIH. There has been concern by the FDA that little research has been done on medical marijuana, that concentrations of the drug in various products is not well-regulated, and that long-term side effects have not been studied. If you want to attend the program, pre-register with E & R.

Programs—There are many good programs coming up that are sponsored by the health committee. On June 12, there will be a program on overcoming adversity. There is an up-coming program on handling adult children who are trying to “help.” Last month, there was a program on atrial fibrillation that was so well attended that it had to be moved to the ballroom. For details of these programs and for other programs that are coming up this summer, check the LW News. In general, these programs are free but registration with A & E is required.

Social Work—The social work department continues to be very busy. The hope is that another social worker position will be approved before long. As always, if you have need of the social work services or know a neighbor who does, please call them. The services are excellent, and also free.

Have a good summer. It will be more enjoyable if you do your best to eliminate accumulation of standing water, which encourages mosquito breeding.

SAVE THE DATES

June 11th @9:30 Mutual Board Meeting Sullivan Room, Administration Bldg.

July 9, 2019 @9:30 Mutual Board Meeting Sullivan Room, Administration Bldg.

STRATEGIC PLANNING COMMITTEE

Art Popper, Chairman

Just a reminder that you will soon receive (or may have already received) the survey of LW residents about our community that we will be using for strategic planning. I won't go into explanation of the survey here, but the form itself will discuss its importance to LW. As chair of the committee that is doing strategic planning, I want to encourage every resident of Mutual 16 to complete the survey. It is very important not only for LW now, but in the future.

Thanks very much.

Arthur Popper

Mutual 16

Should the Mutual Pay for It?

When you need work done in your home that you feel the Mutual should pay for you

MUST FIRST

Call Jack Looney (301) 938-0718 or 240-669-3530
before calling Physical Properties (PPD) If Jack is not available call Joan Allston 301-598-2557

If you call Physical Properties directly **you will be responsible for any charges incurred** unless it is an emergency situation.

For Emergencies after hours or on Weekends:

Call the Main Gate @301-598-1044

Comcast Issues: Call 1-855-638-2855

Golf and Greens Advisory Committee (GGAC)
Doug Allston

Recent activity by the Committee has been focused primarily on reviewing the proposal by the McDonald Design Group for an Infrastructure Study of the golf course. This study would identify long range and more immediate improvements and enhancements to the course. The proposal was approved by the Committee and sent to the LWCC Board with a recommendation that it be funded in an amount not to exceed \$10,000. Unfortunately, the LWCC at its May meeting postponed action on the recommendation pending the receipt of more information on the short term benefits of the Study. The Committee also approved and forwarded to the LWCC Board a revised Committee Charter. This was approved by the Board.

Golf Pro Richard Rosenthal reported that the Leisure World course is continuing its support of the First Tee Program by hosting a tournament at 11:00 AM on Monday, July 22nd. If you want to see some potential future golf stars, come out and watch. You can even volunteer to be a “spotter” on the course.

Some non-rainy days in late May have finally given the course a chance to dry out and improve playing conditions. Get your clubs and take advantage.

Don't forget that the late day special – 9 holes with cart for \$18.00 after 3 PM - is still available for residents, family and friends.

If you are part of a group or organization that holds a golf tournament or would like to start holding a golf tournament, the Leisure World course may be able to accommodate you. Contact Richard at 301 598-1570 for more information.

REMINDER!

Happy Hour at the Rock
Friday, June 21 at 4:30 PM

R.S.V.P

To

Julie Repeta

3319 Solomons Court

or e-mail:

Jul35@aol.com by Sunday June 16

WE ARE READY FOR YOU!!!!



Two complete park benches ready for our next outdoor social event!
Teamwork by Bob and June Hortin, Kay and Jack Looney, Michael Higgs.

