

February 2017

# MUTUAL 16

Mutual 16 – Leisure World, Silver Spring, MD -20906

Rita Molyneux - molyneux@erols.com

## Board of Directors

**President:** Joan Allston  
301-598-2557

**Vice President:** Jim Turner  
301-598-4390

**Secretary:** David Darr  
240-669-8386

**Treasurer:** Edwin Bradley  
301-598-3860

**Directors:** Jean Jones  
301-438-2333  
John Looney  
240-669-3530  
Fred Seebold  
301-944-4759

## Committee Chairs;

**Maintenance:** John Looney  
240-669-3530

**Landscaping:** David Darr  
240-669-8386

**Social:** Julie Repeta  
301-774-9610

**Emergency Preparedness:** David Darr  
240-669-8386

## **Communication**

**Distribution:**  
Virginia Rehbehn  
301-438-0949

**Assistant for Property Management:** Roberta Carter  
301-598-1316

**Main Gate:** 301-598-1371

**PPD:** 301-598-1500  
**Security &**

**Transportation:** 301-598-1355  
**Administration:** 301-598-1000

**Comcast:** 1-855-638-2855

## **FROM THE DESK OF THE PRESIDENT:**

Did you know that the forsythias at the corner of LW Blvd and Interlachen have started to bloom??!!!! Maybe the groundhog was wrong and spring is on its way!!!

Our Mutual is managed by a seven member Board of Directors. Members are elected by residents for "staggered" three year terms. At our annual meeting on Thursday May 18th we will be electing three unit owners to serve on the Board of Directors. The terms of Jack Looney, Fred Seebode and myself (Joan Allston) are up for reelection. You will be receiving a "Call for Candidates" in the next few weeks. As indicated on that form you can offer to stand for election by submitting a brief statement to our Administrative Assistant, Roberta Carter, by April 1. The opportunity to be actively involved in shaping the future of your Mutual should be given serious consideration by every owner. We need to secure a positive future for the community which is now our "hometown". Think about it!!! We are anxiously awaiting (and waiting for) PPD to schedule the repairs the recent attic inspection indicated were needed. We will contact those residents as soon as we receive the schedule.

Friday, February 3, 2017

Dear residents and staff of Leisure World of Maryland,

In hopes of providing accurate communication and addressing your understandable concerns, we would like to provide you with information about an incident that occurred here yesterday.

At around 9:30 a.m., Montgomery County Police and Leisure World Security responded to a report from the Fairways South building. Responders determined that inside an apartment a small firearm had been discharged one time, resulting in a non-life threatening leg injury to a young female visitor. A young male visiting with her, whom police believed had discharged the firearm, had left the scene. The injured woman was transported to the hospital. The male visitor was apprehended less than an hour later outside Leisure World on Bel Pre Road.

The safety and security of all Leisure World residents being of paramount concern to us, we issued as soon as possible a Robo-call alerting residents to the emergency situation based on the information we had at the time. We issued a follow-up Robo-call as soon as possible after police assured us that any potential threat to residents' safety had passed.

We are grateful for the quick and efficient response of police, security, and even Montgomery County Fire and Rescue personnel who happened to be at Fairways South when the event occurred.

We appreciate your patience and concern about the matter, and we thank you for understanding that we always strive to keep residents safe within our community.

Sincerely,



Kevin Flannery  
General Manager



Tim Coursen  
Assistant General Manager  
for Community Management



Richard Schultz  
Director, Security  
and Transportation

**From:** Kevin Flannery, General Manager; Tim Coursen, Assistant General Manager  
for Community Management; Richard Schultz, Director of Security and Transportation

**To:** Security and Transportation Advisory Committee

**Date:** Feb. 9, 2017

**Re:** Update on Feb. 2 shooting incident

We would like to update you with information about an incident in Fairways South, Building 5, that occurred last week. We appreciate your and the community's concerns, and we seek to provide you with reliable facts as we work to assemble them with Montgomery County Police (MCP) in their continuing investigation.

On Friday, Feb. 3, we sent a letter to the LWCC board of directors and all Leisure World employees, including Mutual assistants and property managers, providing some details about the incident. We can now add:

- A Fairways South resident granted her granddaughter access to the building the evening of Wednesday, Feb. 1, and allowed her to stay overnight on her sofa. The granddaughter arrived alone.
- The morning of Thursday, Feb. 2, the resident, responding to a loud noise, discovered the granddaughter's boyfriend in the residence, leaving. The resident believes her granddaughter granted him access to the building.
- The resident also discovered that her granddaughter had been shot in the leg. The injury was minor, and the granddaughter was transported to the hospital for treatment. She was later released.
- MCP apprehended the granddaughter's boyfriend, arrested him on Bel Pre Road and took him into custody. He was charged with first-degree assault and an additional charge, which MCP have not yet shared. He has been unable to make bond and remains in custody.
- We anticipate the MCP Community Outreach Officer will report back to LW Security on Thursday or Friday this week with additional information, which we will be eager to share with you and the community.

Thank you for your understanding as we continue to provide information when we receive it. We are committed to communicating all details that keep our residents safe and well informed.

# Our Free Tree from the “Tree Montgomery” Program Is Finally Here!

Submitted by Dave Darr, M16 Landscape Chair



Dave Darr, Mutual16 Landscape Chairman, stands by the new tree

Several months ago, Mutual 16 was notified that we would receive a free tree from a Montgomery County program that offered to plant shade trees throughout the County to save energy as well as add beauty to parks and other areas. Our Mutual did not have a say in what kind of tree that we might receive under the program. We have a “fruitless” Kentucky Coffee tree. Our tree is a hybrid that does not bear fruit. However, as the name suggests, the fruit from this species can be roasted and used as a coffee substitute. At maturity, the tree will reach 50-70 feet in height with a crown that is 40-50 feet wide. The tree may live to be over 100 years old. The tree is planted in the park area by the “rock”. It will provide great shade for the benches in future years!



## **Personal Preparedness Workshop Planned for April 26**

Submitted by Emily Geller, Leisure World Emergency Preparedness and Health Advisory Committee

A new year means we open new calendars and, as of now, our calendars for 2017 are likely rather empty. However, here is one date to add to your calendar now and save: Wednesday, April 26, 2017, 1-4 PM. The Leisure World Emergency Preparedness Advisory Committee, with the LW Health Advisory Committee, will present a Workshop on Personal Preparedness for Emergencies in the Crystal Ballroom of Clubhouse 1 on that date.

This Workshop will focus on Personal Preparedness – personal responsibility for being prepared for emergency situations; and on Personal Safety and Wellness – prevention of injuries or other health crises. There will be two principal speakers: Candice Covin, a Disaster Program Manager for the American Red Cross, who will speak on how individual LW residents should be prepared for disasters; and another speaker, to be determined, who will speak on how residents can prevent injuries to themselves in their daily lives. There also will be two Breakout Sessions, where the speakers will discuss and demonstrate their topics informally, in smaller groups.

A valuable and unique feature of this Workshop will be its interactive nature; audience members will be able to question speakers freely throughout the program.

So, remember to save the date: Wednesday, April 26, 1-4 PM, Crystal Ballroom in Clubhouse 1, in your calendars! But, don't call for reservations yet; look for more information on the Workshop and when to call for reservations in future issues of the Leisure World News.

## What's The Buzz?

To find out, please join us on **Wednesday February 22, 2017 at 1 PM in the auditorium in Clubhouse 2**. McFall and Berry Landscape will present an informative presentation on Pollinators and Pollinator Gardens.

As environmental impacts continue to affect our lives on a global scale, McFall and Berry has brought to the Leisure World of Maryland community, an exciting new program that can help make a difference in our communities and positively help the larger environmental picture.

The pollinator garden project focuses on supporting pollinator populations and educating residents on the impact of pollinators on our everyday lives.

Bees are rapidly approaching the endangered species list. If we all act now and educate our friends and neighbors, we can make a meaningful impact.

McFall and Berry is contributing the first pollinator garden to Leisure World of Maryland. It will be installed this spring in the green park at the corner of South Leisure World Blvd and Glen Eagles Drive.

**Bee sure to attend the presentation for more details and information.**

**See you there!**

### Should the Mutual Pay for It?

When you need work done in your home that you feel the Mutual should pay for you **MUST FIRST**

Call Jack Looney (301) 938-0718 or 240-669-3530  
before calling Physical Properties (PPD) If Jack is not available call Joan  
Allston 301-598-2557

If you call Physical Properties directly **you will be responsible for any charges incurred** unless it is an emergency situation.

For Emergencies after hours or on Weekends:

Call the Main Gate @301-598-1044

Comcast Issues: Call 1-855-638-2855

## **SAVE THE DATES**

**March 14<sup>th</sup> at 9:30 Mutual 16 Board Meeting Sullivan Room,  
Administration Bldg.**

**April 11<sup>th</sup> at 9:30 Board Meeting Sullivan Room,  
Administarion Bldg.**

**May 18<sup>th</sup> at 2PM Mutual 16 Annual Meeting Exercise Room Club  
2- Social Hour 1 to 2 in the Exercise Room**

## **Water Sensor Alarm**

Many of the claims made to the Mutual involve water damage. Many times these claims result from an appliance (washer, water heater, ice maker, etc.) leak. These kinds of claims are a resident responsibility and often result in the resident responsible for a large amount of money.

Several of our residents have purchased a water sensor alarm which will alert the resident to a leak. The alarms are relatively inexpensive and can be purchased online at Amazon and eBay and at our local Home Depot store.

Perhaps it would be good to consider such a purchase. A little prevention could save you quite a bit of expense and hassle.

## **A “Fire-Safe Cooking” checklist from the U.S. Fire Administration Emergency Preparedness Advisory Committee**

By David Darr

According to the U.S. Fire Administration, adults age 65 and older are more than twice as likely to die in fires as the Nation’s population as a whole. Older adults also

have a higher risk of injury from fires. This checklist offers suggestions for “fire safe cooking”.

- ✓ Don't cook if you are sleepy, have consumed alcohol, or have taken medication or drugs that make you drowsy.
- ✓ Stay in the kitchen when you are frying, grilling, or broiling food. If you leave the kitchen for even a short period of time, turn off the stove.
- ✓ If you are simmering, baking, roasting, or boiling food, check it regularly. Remain in the home while food is cooking, and use a timer to remind you that you are cooking.
- ✓ Turn pot handles away from the stove's edge.
- ✓ Keep cooking surfaces clean and free from anything that can catch fire.
- ✓ Never lean over a lit burner.
- ✓ Wear short, close-fitting or tightly rolled sleeves while cooking. Loose clothing can catch fire if it touches a gas flame or an electric burner.
- ✓ Check the kitchen after you finish cooking. Make sure the oven, burners, and other appliances are off.

Source: U.S. Fire Administration. 2012. Fire Safety Checklist for Older Adults. FA-221. For more information about fire safety for older adults, visit: [www.usfa.fema.gov](http://www.usfa.fema.gov)

## **REPORT FROM THE HEALTH ADVISORY COMMITTEE**

### **By Jean Jones**

The Health Advisory Committee has a number of enthusiastic new members this year, so plans for seminars and lectures are underway. In addition, there are two areas in which the Committee has been very active since January—1) negotiations for continuation of MedStar services at the Leisure World Medical Center (LWMC) as



well as monitoring of current services; 2) involvement in recent health concerns regarding the Leisure World restaurants.

**LWMC**—negotiations with MedStar to lease and operate LWMC should be concluded by the end of March. It is expected that MedStar will lease slightly less space than it does now. The lease and operating agreement will probably be for another 5 years with an additional 5-year option.

In addition, a dermatologist, a podiatrist and an orthopedic surgeon have been added to the staff. The podiatrist and the dermatologist have started. I have had two favorable reports concerning care given by the dermatologist. The orthopedist has not started yet because a room for x-ray equipment has to be modified and lead-lined. This should be done by the end of March. At first, x-ray services will be limited to orthopedic problems only, but that may be expanded later.

**RESTAURANTS**—as most of you know, the restaurants were briefly closed in December by the County Health Department for health violations. The restaurants are usually inspected about 4 times a year routinely, or in response to complaints. In the past, these inspection reports were not provided to the Health Committee or to the Restaurant Committee. That policy has now changed. In response to concerns expressed by the residents and the committees,

The Board of Directors passed a resolution requiring all County Health inspection reports to be provided to the Health Committee and the Restaurant Committee within 5 days. Leisure World, the operator of the restaurants, and the County now inspect the restaurants each week to ensure compliance, but no formal report is issued with regard to these voluntary inspections.

Also, the main kitchen will be closed for several weeks in February for installation of a new dishwasher, and repairs to a large wall and the structures behind it associated with the dishwasher. From the looks of it (dumpster and storage pod outside), the work has started. The Grille will have a limited menu during the work, but the other restaurants should be open. See the LW News for exact dates and details.

**PROGRAMS**—the Mental Health Subcommittee is sponsoring a panel discussion for caregivers of people with dementia on March 8 from 8am-2:30pm. On April 24, there will be a program on the 10 signs of dementia. If you remember to go, you probably don't need to. Also, the fan-favorite all-day Health Fair will happen on May 18, from 10-2 in Clubhouse 1.

**PROGRAMS**—the Mental Health Subcommittee is sponsoring a panel discussion for caregivers of people with dementia on March 8 from 8am-2:30pm. On April 24, there will be a program on the 10 signs of dementia. If you remember to go, you probably don't need to. Also, the fan-favorite all-day Health Fair will happen on May 18, from 10-2 in Clubhouse 1.